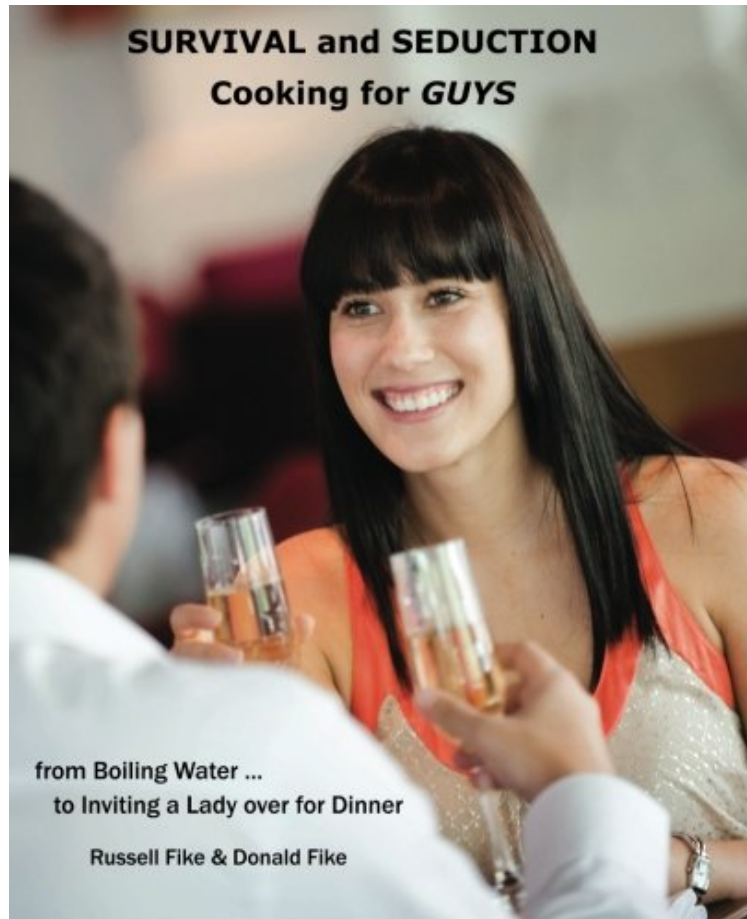


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Survival and Seduction Cooking For Guys: From Boiling Water to Inviting a Lady Over for Dinner

Russell Fike, Donald Fike

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Russell Fike, Donald Fike : Survival and Seduction Cooking For Guys: From Boiling Water to Inviting a Lady Over for Dinner before purchasing it in order to gauge whether or not it would be worth my time, and all praised Survival and Seduction Cooking For Guys: From Boiling Water to Inviting a Lady Over for Dinner:

0 of 0 people found the following review helpful. Perfect Cooking Book for Guys - Keeping it Simple By Mikel I wanted a gift for my 20-something nephew. He's not completely incompetent in the kitchen or with women but thought he could use additional help, plus I got to read it first. I'm a 50-something guy, fairly competent in the kitchen, and who basically doesn't use cookbooks often. What I liked best was the simplicity; simple explanations, simple dishes, simple suggestions, simple diagrams, and yet very comprehensive. For instance, I over sweetened a dish with brown sugar and using the authors' suggestions was able to tone it down with some herbs and lemon juice. Also, I love the lists of how to make 5 spice rubs, 5 marinades, 8 simple sauces, and a bunch of butter dishes. Just being able to

spice up a meal with these has already improved my cooking. At the moment the only seduction I'll be doing is with my wife of 25 years, however, I thought the comments in this section were not only amusing and accurate, but also helpful to any guy and in no way disrespectful of women. I think this is a good, inexpensive and easy to use entry level cook book for anyone and especially for guys wanting to get into the wining and dining scene. 0 of 0 people found the following review helpful. It worked! No longer scared of the kitchen. By industrial designer user This is probably the most enjoyable cookbook I've ever read. Disclaimer: I don't read a lot of cookbooks. In fact, prior to this cookbook, I was somewhat terrified of cooking. I let my wife do the cooking. This cookbook turned the corner for me. I have now usurped my own portion of counter space for great salads, some side dishes (who ever thought I'd be making ratatouille and enjoying it!) and, an occasional MAIN DISH! (Try the marinated beef with spicy walnut sauce.) I highly recommend this book to help anyone else like me ease their way into this previously terrifying territory: the kitchen! With great results. And a lot of fun reading! 0 of 0 people found the following review helpful. Simple, Effective how-to for any young man who uses the microwave a little too much. By Jamie Cooking is notoriously something young men DO NOT know how to do. This book is the first step any guy should take when it comes to learning such an important part of any social life. The way it breaks down every facet to a kitchen from pots and pans, measurements, all the way to which seasoning compliments steak the best. Along with the information inside, many facts and insights that will keep you laughing are all throughout the book, adding a twist to the traditional cookbook.

Guy friendly and funny getting started cooking book. Develops the reader into a confident lady pleasing chef. Good for men of all ages. Tells a man moving into a new apartment what to buy and how to get started.

About the Author This book is written by a son and father team. Russell Fike is the younger and funnier author of the two. He is a graduate of Columbia College Chicago with a degree in Television Writing and Production. Russell has been a sports columnist for sites that range from Bleacher Report to NFL.com. He continues his career as a writer supported by a job in medical service. Also by Russell is the 2007 book, *Reflections of a Man Not Yet Old*, a collection of comedic narratives. Donald Fike is a long time married man recently retired from a career in real estate. The inspiration for this book came when the title fell into his head over ten years ago. Since then, it slowly took shape, forming out of the primordial ooze between his ears. The philosophical and interpersonal advice bits found in this book are primarily Dons unless you find them corny, old fashioned and stupid in which case they are Russells. Don taught himself to cook when his wife Diane went on an 800 calorie a day diet. Russell taught himself to cook while living on his own. If you like the book and it is helpful let us know. More importantly, if you have criticisms of the book, please let us know at flexiblepenpress@gmail.com. Politely would be appreciated. If you really liked the book recommend it to friends (your entire e-mail list would be cool) and give us a positive review online.