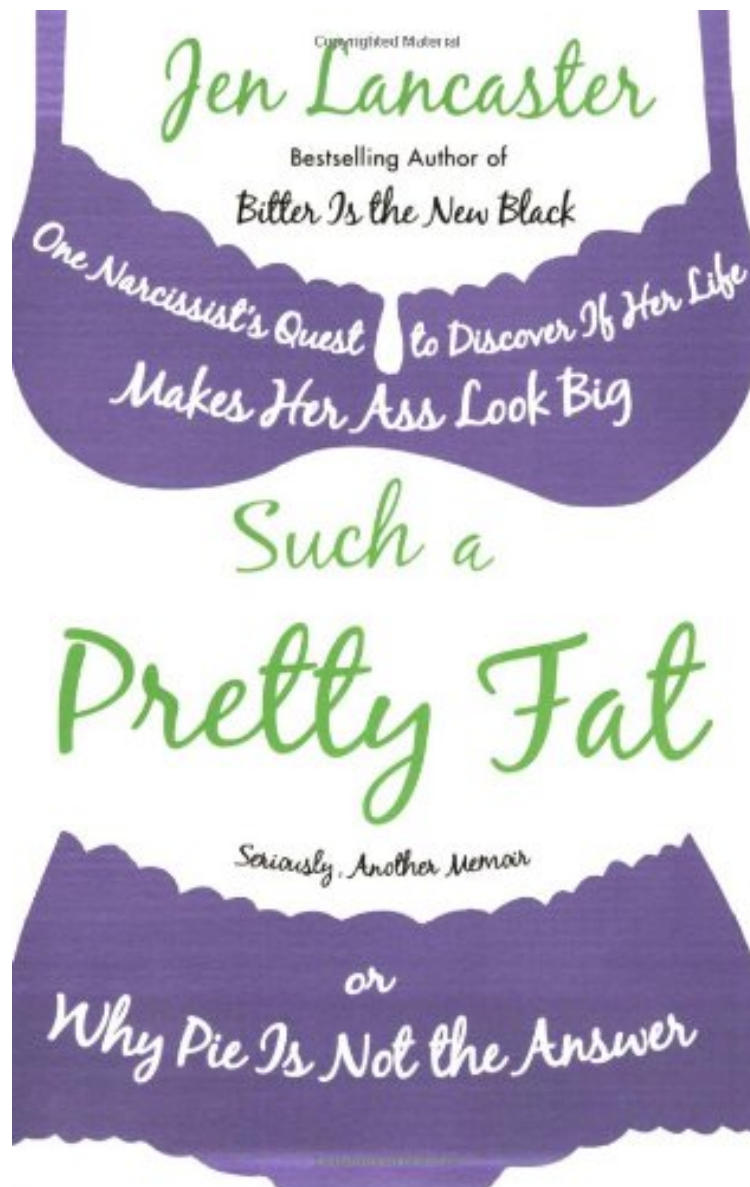


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Such a Pretty Fat: One Narcissist's Quest to Discover If Her Life Makes Her Ass Look Big, or Why Pie Is Not the Answer

Jen Lancaster

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Jen Lancaster : **Such a Pretty Fat: One Narcissist's Quest to Discover If Her Life Makes Her Ass Look Big, or Why Pie Is Not the Answer** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Such a Pretty Fat: One Narcissist's Quest to Discover If Her Life Makes Her Ass Look Big, or Why Pie Is Not

the Answer:

0 of 0 people found the following review helpful. Double chins are gorgeous!By CrunchyConservativeSuch a Pretty Fat details Jen's coming of age tale of learning to accept her body as imperfect as it is. Hey, we can look good in any shape, right? It's not the body, it's how you dress it.If you've never read a Jen Lancaster book, you need to. Now. No, not tomorrow or next week, now. Your life has been hideously deprived of one of the most humorous writers of our time. Jen Lancaster has her own snarky but very real outlook on life, and she's not afraid to make fun of herself. Bright Lights, Big Ass offers one of her best stories, rife with her usual type of wit, self-deprecation, and outrageous life experiences that make Jen so awesome. Hey, who hasn't been told "you have such a pretty face" which in Jen's world may not be as complimentary as you think. She's witty and sharp, and her boyfriend and dogs are added characters in the story that just make you stop and think "I love this chick and I want to be her when I grow up." She had me laughing out loud in the park one day as I read. It's hard to be a narcissist when the world wants you to change, as Jen found out.You will laugh often reading this book, it's perfect bath-tub reading if you need some time away from the kids to giggle your abs back into a flat washboard. I'm not even kidding, there were times where my sides would ache from laughing so much after reading parts of this book. Jen Lancaster is beyond hilarious, she's learned not to take herself too seriously, and if you read even one of her books, you'll order the rest of them to read--she's a great "binge read" author. Get a few of her books and enjoy--she's hilarious.0 of 0 people found the following review helpful.

Absolutely enjoyableBy BeautynBoozeI was first turned on to Lancaster through a friend who said reading her books was as if she was having a conversation with me. I was greatly intrigued by this and had to buy her first book. Through that I just kept buying and recommending it to all of my friends who have since come back with the same thing "she is you if you had no leash or muzzle".This book is humorous and she offers a lot the reader can believe or not learn from. Every adventure Lancaster goes on she brings you with her in such a way that you are learning, enjoying and over all loving.I am pleased with every one of her books and am a huge fan I say bravo to Lancaster for making such a great series of memoirs1 of 1 people found the following review helpful. Motivating AND Funny!By JenaPersonally, I loved this book and found it incredibly motivating in my own quest for fitness and health. It helped me to be able to laugh at myself - very important to me. I do admit that occasionally I felt that I was reading a WW sales ad during the last few chapters. Even so, I really liked the book, I laughed A LOT (my husband actually came to check on me because he thought I was having an asthma attack :)), and I started working out again.I've noticed a lot of negative reviews based on Jen's personality, her use of obscenities, her political beliefs, her self-centered writings and that she didn't lose enough weight to satisfy some people. So, here are my opinions:1 - Jen isn't for everyone. Her humor does not resonate with all people (shocking, I know). As hard as it is for me to comprehend, I do know that. If you've not read her previous work, read a sample. Check it out from the library. Really, it's like any other book - if you don't like the author's voice, nothing else matters. (Example, I love love love Nathaniel Hawthorne's story concepts, plot lines and the intricacies of the symbolism, allegory and metaphor; his narration puts me to sleep. Nothing will change that and I'll never read his work for pleasure like I do other classics.)2 - Memoirs are self-centered navel-gazing - get over it already! I've seen the same thing posted over and over on every memoir review I've read lately. Understand the genre you're reading, please! This is like being angry that there's sex all through the erotica novel you just bought.3 - This is less about losing X-amount of weight and more about living a better/healthier lifestyle.4 - If I can skim over blatant anti-Republican left-wing speak in almost every other book that I read, surely minor references to the other side can be skimmed over as well.

A NOTE FROM JEN LANCASTER: "To whom the fat rolls...I'm tired of books where a self-loathing heroine is teased to the point where she starves herself skinny in hopes of a fabulous new life. And I hate the message that women can't possibly be happy until we all fit into our skinny jeans. I don't find these stories uplifting; they make me want to hug these women and take them out for fizzy champagne drinks and cheesecake and explain to them that until they figure out their insides, their outsides don't matter. Unfortunately, being overweight isn't simply a societal issue that can be fixed with a dose healthy of positive self-esteem. It's a health matter, and here on the eve of my fortieth year, I've learned I have to make changes so I don't, you know, die. Because what good is finally being able to afford a pedicure if I lose a foot to adult onset diabetes?"Watch a QuickTime trailer for this book.

"Jen Lancaster is like David Sedaris with pearls and a super-cute handbag." -Jennifer Coburn, authorAbout the AuthorJen Lancaster is the author of Bitter is the New Black. She has lived in Chicago for ten years with her husband and pets, and has yet to get the hang of the subway or returning library books in a timely manner. Visit www.jennsylvania.com