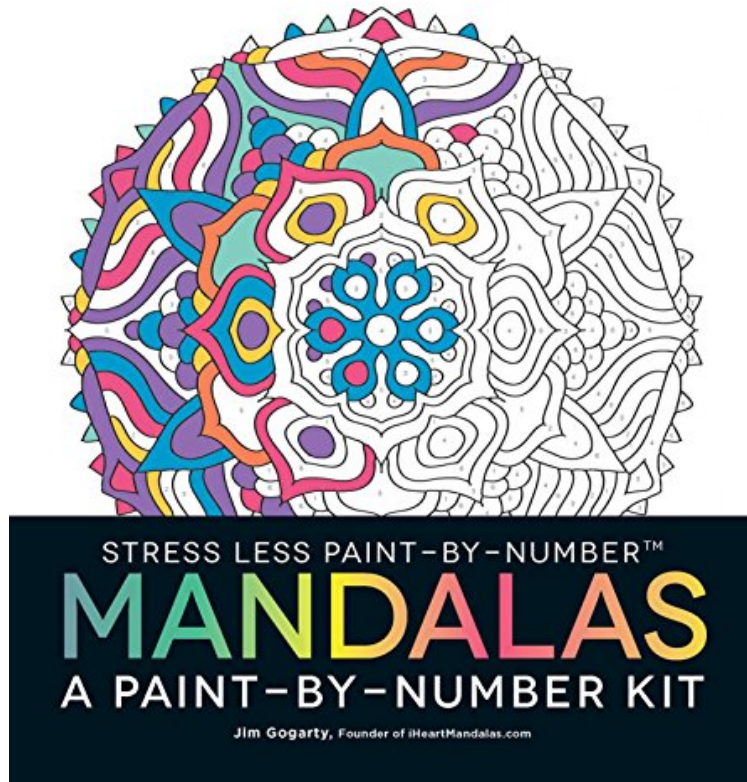


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# Stress Less Paint-By-Number Mandalas: A Paint-By-Number Kit

*Jim Gogarty*

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**Jim Gogarty : Stress Less Paint-By-Number Mandalas: A Paint-By-Number Kit** before purchasing it in order to gage whether or not it would be worth my time, and all praised Stress Less Paint-By-Number Mandalas: A Paint-By-Number Kit:

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The Stress Less Paint-By-Number Mandalas kit gives you everything you need to paint your stress away and create beautiful art in the process. With more than two dozen mandala illustrations, you can choose your own meditative pattern, follow the color-selection instructions, and unwind. You don't have to worry about picking the wrong color or blending the wrong shade. This carefully curated palette ensures each piece you complete will be frame ready. It doesn't get more beautiful--or more calming--than Stress Less Paint-By-Number Mandalas! Features:An 8.25" x 9.25" book with 30 mandala designs6 tubes of acrylic paint3 professional-grade brushes1 paint tray

About the AuthorJim Gogarty has had a passion for drawing for as long as he can remember, ranging from crayons to felt tips to today's digital pen. He began drawing mandalas in 2005 after a spiritual awakening during meditation.

Since then, he has worked to turn this love for the symmetrical patterns into a career. He currently runs [iHeartMandalas.com](http://iHeartMandalas.com), where he brings these images to life.