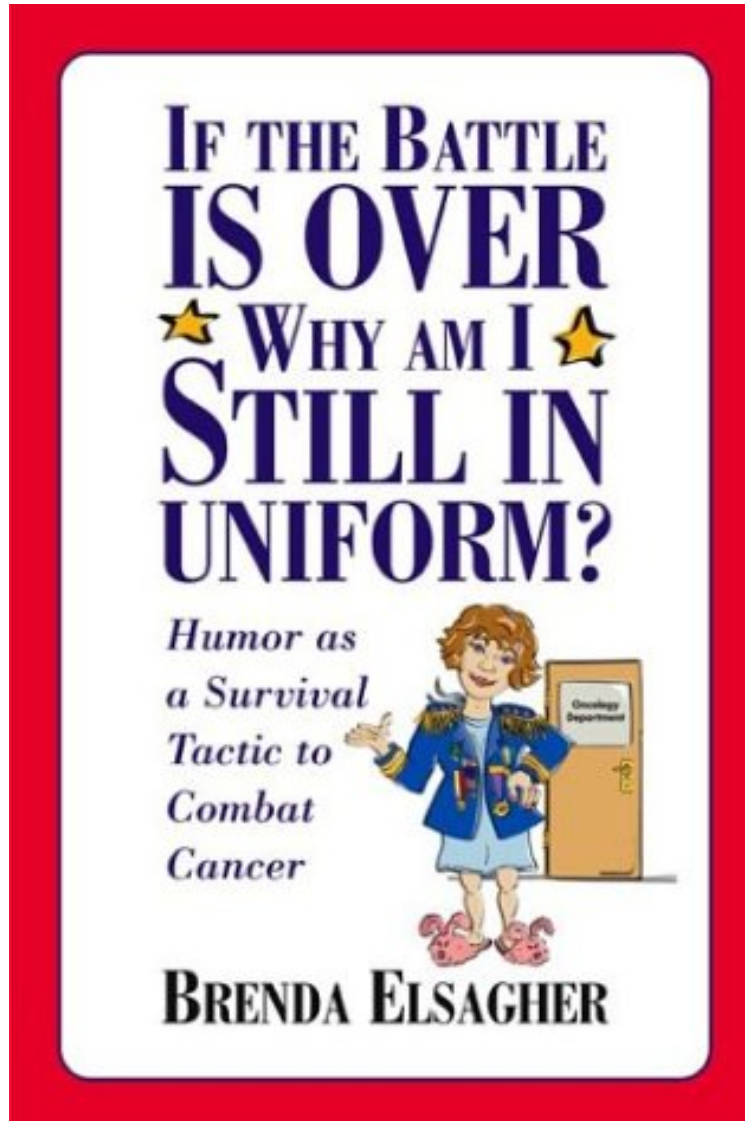


(Mobile library) If the Battle is Over, Why am I Still in Uniform?

If the Battle is Over, Why am I Still in Uniform?

Brenda Elsagher

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Brenda Elsagher : If the Battle is Over, Why am I Still in Uniform? before purchasing it in order to gauge whether or not it would be worth my time, and all praised If the Battle is Over, Why am I Still in Uniform?:

1 of 1 people found the following review helpful. A positive attitude is everything By C. Mattson This book was recommended to me by a friend. I am currently going through chemotherapy radiation for cancer. I truly believe that if positive energy attitudes are around me, then positive results will come. Brenda's book is absolutely wonderful. Her sense of humor during an incredible health situation is so heartwarming. This book is for ANYONE who has had a major crisis in their life - whether with health, divorce, death, etc. Brenda proves the point - keep a sense of humor.

Wonderful book that I'll be recommending to others. 0 of 0 people found the following review helpful. Comedy and Humor as Survival Tactics with Cancer By Diane Brenda's Humor as a Survival Tactic to Combat Cancer is just what the doctor ordered. Our author uses her skills as a humorist in telling her story about being diagnosed with cancer, telling her family, and her fears and anxieties about living with the "scars and stripes" of a permanent colostomy forever. She uses her skills as a cosmetologist to address issues of self-image and discusses fresh make up as a coping mechanism. She talks about the importance of support from family and friends and appreciating life's challenges. In the forward written by Leslie A Sharpe, MD, retired OB/GYN Surgeon, Brenda is praised for "discovering the value of humor to help her deal with changes in her life" and "probably helping thousands of people cope with their ostomies". In Chapter 25, Brenda addresses the challenges of embracing a comedy class post-surgery: "When am I going to do comedy if I don't do it now? What if I humiliate myself? I survived cancer. ...Embarrassing myself in front of ...strangers can't compare...I'll have regrets if I don't at least try". She went on to win "Twin Cities Funniest Person" at the Acme Comedy Club in Minneapolis for comedians who have never been paid to do comedy. She quotes her own one liners at the end of her book, including: "It's not so bad having a colostomy, I just can't find shoes to match my bag", and "I must admit I panicked, when Northwest Airlines came out with the one bag limit". The "end" of Brenda's book is a resource filled with a glossary of medical terms information resources, and a colon cancer fact sheet, all of which she gathered to support herself and others who have shared her experience. Brenda shares her hope that "One day, when my children delight me with grandchildren and they are curious enough to ask about my colostomy, I hope I can tell them it was because of a long forgotten disease called cancer". 0 of 0 people found the following review helpful. Reading Brenda's books is fun and educational. By renjiechang In the medical school, we learned about clinical diagnoses and treatments of various cancers, but we did not learn the patients' side of the story. I think that if doctors read these books, they can understand better the challenges that cancer patients have to go through, especially for patients with colon cancer and ostomy. Humor can help patients to ease stress and facilitate recovery, as stress generates harmful hormones that damage the body's resistance to sickness. Laughter, on the other hand, can lighten up people's spirit. Brenda's books are inspirational. They tell stories about how cancer patients overcome the toughest difficulties in their lives with humor. I think that cancer patients and survivors can enjoy and greatly benefit from reading these books. Telling funny stories to entertain people and at the same time educate them is a true talent of Brenda. I really admire Brenda's courage, selflessness, and passion. I am fortunate enough to have met Brenda and heard her stories in person. She is a fantastic woman! I grade her great books and remarkable personality with five stars. Renjie Chang, MD Inventor of NeuEve NeuEve: Bring New Evenings to Women Our goal is to make a positive impact on the world by helping women and saving marriages

This story follows a 39-year-old woman through a diagnosis of colorectal cancer and subsequent surgery, with a look at her daily trials in a humorous and honest voice.

From the Publisher We knew from the moment we saw this book, we wanted to publish it. Brenda Elsagher's story is compelling, honest and funny. We know you will enjoy it too. From the Author I wrote this story originally for my children who were 3 and 5-years-old when I was diagnosed with cancer. I found I had a passion for writing and it became a labor of love. Over time, an urgency took hold to share my knowledge of colon cancer and what I learned along the way. Humor got me through the tests and painful times. I shared my story as honestly as I could in the hopes it may help other. Thank you for considering it. About the Author Brenda Elsagher is an inspirational speaker and comic. She is a cancer survivor of 8 years, a business owner, a wife and mother and lives in Minnesota with her family.