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Heather Nestleroad

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#4286595 in Books 2014-01-21Original language:EnglishPDF # 1 9.00 x .53 x 6.00l, .70 #File Name: 0986005975240 pages | File size: 74.Mb

Heather Nestleroad : If I Grow a Beard, Do I Have to Dye That, Too? And Other Questions I Want to Ask God About Menopause before purchasing it in order to gage whether or not it would be worth my time, and all praised If I Grow a Beard, Do I Have to Dye That, Too? And Other Questions I Want to Ask God About Menopause:

5 of 5 people found the following review helpful. Helping heap of HeatherBy Lunar TTLike most mothers, there are

not enough hours in the day to accomplish well the tasks at hand. Little time to just take a breath or capture a single sane thought! What I love most about Heather Nestleroad's writing is that I can take five to fifteen minutes and read a few excerpts from her book and laugh, know exactly where she is coming from, or just relish that I am not crazy because someone else feels like me. The most valued part of darting through a few pages is that my thoughts are refocused on what is real. God and family are what really count and the rest is just sidelines to life. Love my HELPING HEAP OF HEATHER in my world gone mad! 1 of 1 people found the following review helpful. I could have written this!! By Nancy s This is one of the absolute best books!! It combines facts of life--the aging process, middle age menopause, pubescent children--and adds a twist of humor. Above all it leads a women thru all the changes with the grace of God. The only difference between Heather's life and mine is that my girls were only 8 minutes apart and the boy 3 1/2 years younger. What a wonderful read!! Wish I could share it with all my "mental-pausal" friends. 2 of 2 people found the following review helpful. Another very funny book from Heather Nestleroad By Linda M. Jones Heather has the most wonderful twist of phrase to describe her views of life with a growing family! I was laughing out loud while alone in the house with this book. If you want to see the world through some very funny lenses, read this book. An excellent exercise in laughter, faith and thankfulness.

What do you do when the one person you want to ask about menopause - your mom - isn't around to talk about it? You write letters to her, of course. You color your hair, pluck hair, shave, and generally age ungracefully. Dieting and exercise take a back seat to social media, your kids, and interesting bodily functions. But throughout it all, your faith continually restores your sense of humor and gives you insight on this mysterious rite of women everywhere.

If you haven't been to the bathroom alone for ten years; are tempted to start drinking to get yourself through your kids' teen years; or have thought of wearing a tiara to mop floors, then you need to read God Has Better Things to Do Than My Laundry. In her orange-mint-julep-out-the-nose hilarious style, Heather Nestleroad will have you laughing, nodding, and agreeing that the best Plan B for supper is going out. I love this lady's empathy for every mom who's ever had her sleep, potty time, and sensible thought patterns interrupted by little ones. Finally, a book that reveals what all mothers think but don't have the courage to say, written in a pithy, applause-worthy style. --Jeanette Levellie The humor and honesty had me from the beginning. Heather knows how to relate to her audience. I highly recommend it to moms everywhere! --Wendy S Great book that made me laugh and had me nodding my head more than once in agreement. I highly recommend this book. --Nancy Baker About the Author Heather Nestleroad was born in a small Midwestern town to parents who loved each other, until they didn't anymore. She then spent the rest of her childhood watching family shows and dreaming of one day having a family just like on TV. After getting married and having children, one day she discovered she did have a family like that, only funnier. Heather now lives in yet another small Midwestern town with her husband, three children, and two cats. When she isn't writing, she is working with kindergarteners, going to Bible study, driving her children around, searching for the best place to have lunch, and looking for ways to get out of cooking dinner.