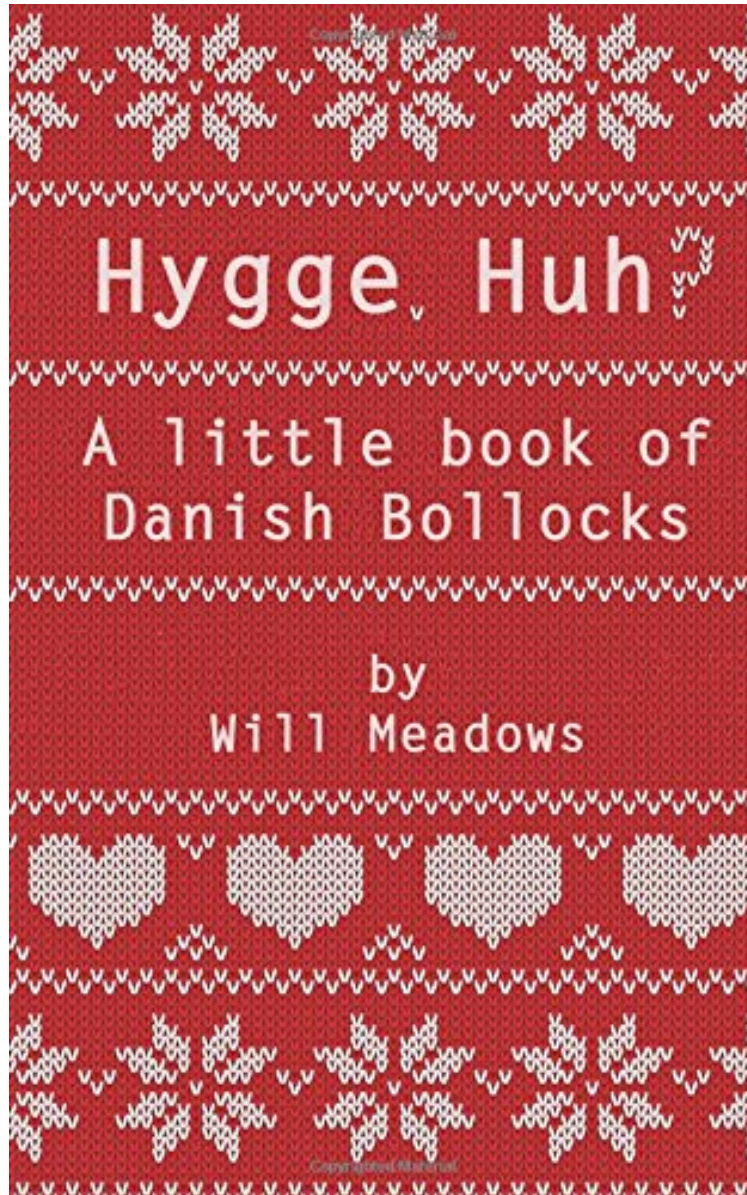


Hygge. Huh? A Little Book of Danish Bollocks

Will Meadows

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Will Meadows : Hygge. Huh? A Little Book of Danish Bollocks before purchasing it in order to gage whether or not it would be worth my time, and all praised Hygge. Huh? A Little Book of Danish Bollocks:

The logic appears simple. The Danes are happy. The Danes engage in hygge. Therefore hygge makes them happy. If

we 'do' hygge then we'll also be happy. However the Danes also happen to have one of the highest rates of mental illness in Europe. WTF? This book will tell you all you need to know about hygge. But, If you're looking for a hygge self-help book, this book will be no help at all. If you have no concept of what a candle is and are looking for a candle user guide, then you've come to the wrong place. That said, Hygge. Huh? still manages to pack in an impressive 26 separate mentions of the word candle. It's an absolute must for the candle fan in your household! There are also a couple of pathetically rudimentary recipes thrown in for good measure. It's quite simply a book for everyone! Hygge. Huh? is the most important book about hygge you will ever read. Probably.

About the Author Will Meadows is a UK author currently based in Shanghai. His previous books: "The Final Countdown Diet" and the 2015 edition of "The Banting Diet: Letter on Corpulence" were based on his experience in the diet and nutrition industries and won praise for Will's easy going and witty writing style.