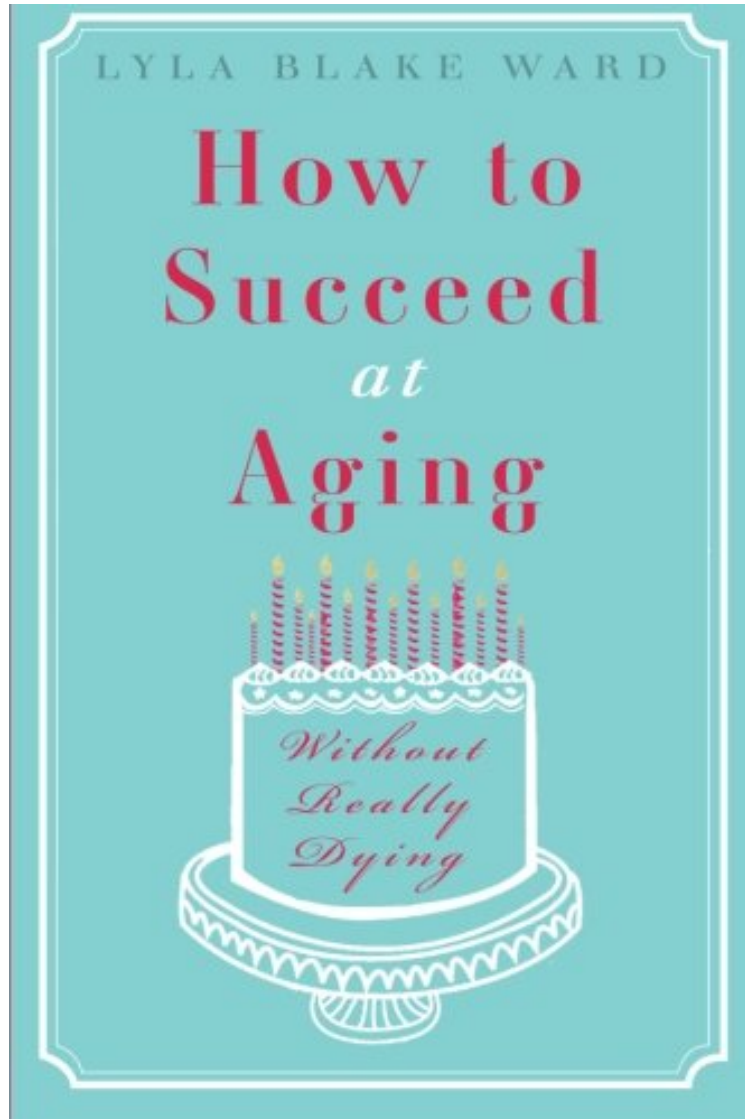


[Free pdf] How to Succeed at Aging Without Really Dying

How to Succeed at Aging Without Really Dying

Lyla Blake Ward

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Lyla Blake Ward : How to Succeed at Aging Without Really Dying before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Succeed at Aging Without Really Dying:

9 of 9 people found the following review helpful. More PLEASE!By Annie BI absolutely loved this book. As one who is, um, getting on, as they say, I found the book to be very funny and enlightening. I laughed out loud many times. I also have to say that it felt great to realize I'm not alone! In this era when "old" is a nasty four-letter word, I found it truly refreshing to find a book that tells the truth, that old is old, so there. We do get old and it isn't necessarily fun or pretty, but it needn't be humorless. I was ecstatic that never once did the author use the cliché that 50 is the new 40.

Shew! What a relief! I think this book is a great book for people of all ages. I wish I'd had it to read when I was younger--might not have had so many surprises if I had. Plus, it would've given me a greater understanding of what older folks go through and have to deal with. What made the book truly wonderful for me is the humor and wittiness that's woven throughout the book. Though the subject matter could be serious and dull, the author chose instead to use a light touch and humorous view that is just delightful. I would recommend this book to all my friends--and children. I would love to see the author write a sequel. Please!

0 of 0 people found the following review helpful. How to Succeed at Aging Without Really Dying By Magoo I am only half way through ...however the first half is delightful and so much truth and wisdom in the process of aging, which to me, is what we are called to do in this process...is find the humor, laughter, still have a joy-filled heart and a grateful one...for what was...what is...even through suffering...I was taught by a very good friend of mine when cancer had come my way....to embrace it...HUH?...after the fact....I learned a very important lesson. If I center on myself alone and stay inside myself...I learn nothing...but this lesson taught me how I can walk with another and not be afraid....to be able to pray with, to listen, to laugh with, with all my heart...and when to be quiet...not having answers...but the heart and the head have to work together....the most important is to love that person.

0 of 0 people found the following review helpful. Tongue and Cheek!! By alvin marrow The author's vignettes are humorous and realistic, many of which, as a person in my 70s, can relate. Unfortunately, the short descriptions are more easily related to female issues. I enjoyed her description of her husband taking over the free space in house, but I could not relate to the eyelashes, recipes, and other gender (female) vignettes. The computer, frequent flyer, and other gender-neutral stories piqued my interest.

Lyla Blake Ward's *How to Succeed at Aging Without Really Dying* is a wry, witty, and wise collection of essays about living in a world of bubble packs you can't open, electronics you can't turn on, polls you're not deemed worthy of taking, and expiration dates you can only hope don't apply to you. Most of all, it's about the difficulties of staying on the planet when it's spinning out of control. While taking a humorous look at health, grandparenthood, computers, and social issues, *How to Succeed...* answers such pressing questions as: What brand of yogurt guarantees you will live to 110? Can older people really shop online, or is the "submit order" button visible only to users under 30? And how many pixels does it take to win your grandchild's affection? As we get older, we can whine or complain about our losses--memory, muscles, and mobility--or we can roll with the punches. This book rolls.

About the Author Lyla Blake Ward's writing career officially began in 1949 when she sold her first poem to *Colliers' Magazine*. Over the last 60 years, she has published numerous works of humorous verse, op-eds, personal essays and pieces of social commentary in newspapers and magazines around the country, including: *Good Housekeeping*, the *Wall Street Journal*, *Cosmopolitan*, *Woman's Day*, *Family Circle*, the *Washington Post*, the *Chicago Tribune*, *Christian Science Monitor*, and *Newsday*, among many others. A savvy businesswoman, she also built and ran a small public relations agency, opened her own party goods store, and founded the monthly publication *Party and Paper Retailer* with her husband, Russ. Residing in Connecticut, Ward enjoys reading, woodworking, needlepoint, knitting, baking, cooking and attending her grandchildren's school plays.