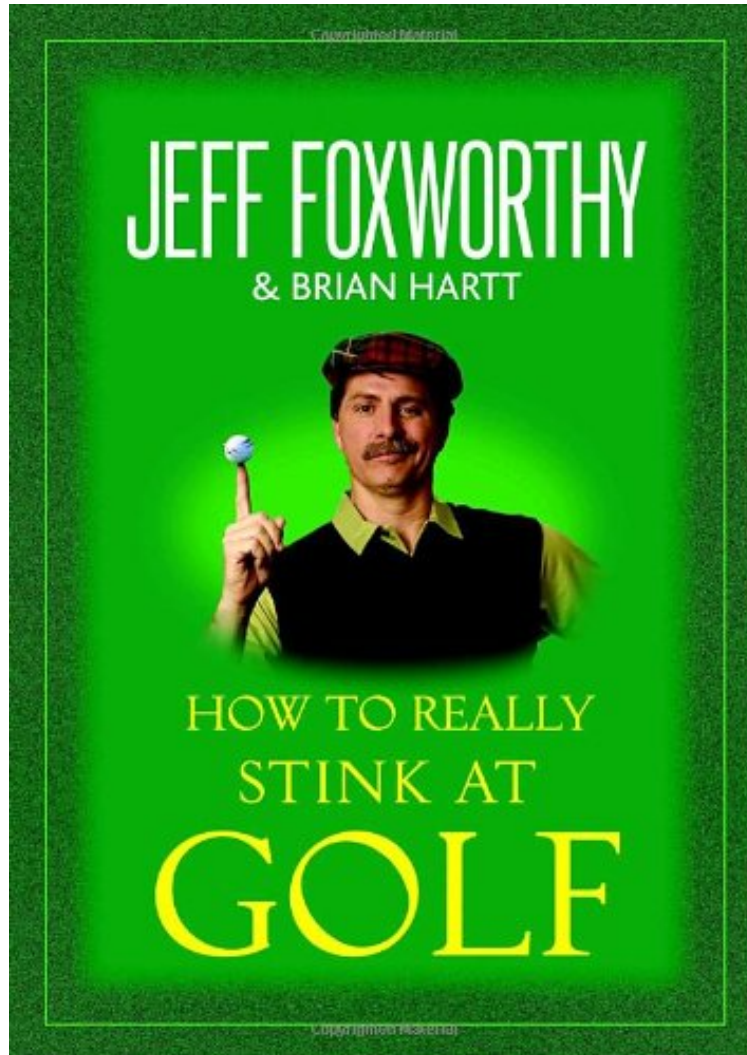


(Library ebook) How to Really Stink at Golf

## How to Really Stink at Golf

*Jeff Foxworthy, Brian Hartt*

*\*Download PDF / ePub / DOC / audiobook / ebooks*



[Download](#)

[Read Online](#)

#2237433 in Books 2008-05-13 2008-05-13 Original language: English PDF # 1 7.55 x .55 x 5.251, 1.10 #File Name: 0345502787128 pages | File size: 76.Mb

**Jeff Foxworthy, Brian Hartt : How to Really Stink at Golf** before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Really Stink at Golf:

0 of 0 people found the following review helpful. Very enlighteningBy Dana WingateVery informative!! I didn't realize how good I was doing at being lousy at my favorite past time- golf. Loved the easy funny reading.0 of 0 people found the following review helpful. Hilarious spoof!By Elliott VincentI've read other Foxworthy stuff - let's face it, he is a really funnyman, as a stand-up comic and as an author. Bad golfers and excellent golfers alike will laugh bunches!!!0 of 0 people found the following review helpful. I really enjoyed this book.By Elizabeth ThompsonI'm a Foxworthy fan and as always I was not dissappointed with this book.Please keep me informed os any new books.

As a longtime golfer, Jeff Foxworthy has learned something important about the grand old game: It's not who has the highest score, it's who has the least fun playing it. And now, in his hilarious primer *How to Really Stink at Golf*, Foxworthy shares his invaluable tips for a lifetime of horrible drives and putts.

- Get into the right frame of mind to play truly awful golf. Food poisoning or a killer hangover might be just the ticket to a robust three-digit score.
- Try to get to the course promptly at tee time to avoid the hassle of warming up: "You're only gonna hit five good shots in the course of the day; why waste even one on the driving range?"
- The surefire way to screw up a great drive? As you walk to the tee, keep telling yourself, "Don't screw up your drive." If bad golf's your goal, stress is your best friend.
- Avoid fun. "Fun = relaxed = low scores . . . and that's something we want to avoid at all cost. If you have a good hole, shake it off."
- Perhaps the most important element: Embrace the fact that you do stink at golf. Cheating. Cursing. Avoiding fairways. Reckless cart driving. *How to Really Stink at Golf* covers it all, from selecting the correct putter to use on a 385-yard drive to prolonging your stay in the sand trap to picking the perfect foursome for spectacularly bad golf ("you, your ex-wife, your girlfriend, your wife"). With Jeff Foxworthy as your guide, even a scratch golfer can add ten, twenty, maybe thirty strokes to his or her score—and possibly more if you attempt to play the back nine, too.

About the Author Jeff Foxworthy is the largest-selling comedy-recording artist in history, a multiple Grammy Award nominee, and the bestselling author of more than twenty books, including his *Redneck Dictionaries*. He is the host of the Fox television series *Are You Smarter Than a 5th Grader?* Jeff also starred in all three *Blue Collar Comedy Tour* movies, which have sold more than 8 million copies and are some of the highest-rated movies in Comedy Central history. His syndicated weekly radio show, *The Foxworthy Countdown*, is carried in more than 220 markets across the United States. Brian Hartt is a veteran writer and producer of hit comedies including *The Kids in the Hall*, *Mad TV*, and *The Jamie Kennedy Experiment*. He also worked with Jeff on *Blue Collar TV*. He lives in Los Angeles with his wife and two children.

Excerpt. © Reprinted by permission. All rights reserved.

### Chapter 1 Pregame Rituals

Like anything worthwhile in life, a bad round of golf needs a solid foundation. If you're a drinker, a hangover and two hours of sleep is a good place to start. If you don't drink, there are other things you can do to lay down a good foundation for a bad round of golf. Like eating at a Mexican restaurant that's received a score of 58 from the board of health. This will add not only discomfort but also a sense of urgency to your round. And it opens the door to creating a story that your buddies will tell for years to come.

#### Don't Warm Up

Try to get to the golf course right at your tee time. This way you can avoid the hassle of warming up. My theory is that you're only going to hit five good shots in the course of the day, so why waste one on the driving range? Isn't it better to start playing right away, rather than embarrassing yourself in front of yet more people? Of course it is. And whatever you do, don't stretch. You might pull something.

#### How to Screw Up a Great Drive

It's one of the greatest feelings in the world. People are watching. The pressure's on. And you smack a drive straight and long down the middle of the fairway. Now: Time to screw it up! As you walk to your ball, keep telling yourself, "Don't screw up your drive." If you're already talking to yourself on the second shot of the day, it's a bad sign. And that's good. And since the next shot is such an important one, you're going to want to see where it goes right away. So as you swing through the ball, lift your head. Hey, you may even hear yourself scream, "I lifted my head!" as your ball sails dead left with the arc of a banana. Congratulations, my friend: You've set the table for another horrible round of golf.

#### The Golf Cart

Try to pick a cart that looks like it's been through a war. Because with your game, it's sure to have to go off-road at some point. If it barely has enough juice to make it up the first hill, whatever you do, don't turn around and exchange it for a better cart. This would not only eliminate stress from your day, it would rob you of a primo excuse for your crappy round later on.

#### Trees

When you wind up in the trees (and you will), **DO NOT PLAY IT SAFE!** That's what the trees want you to do. They want you to look bad. Don't let them win. If you've sliced the ball into a forest but can still see an inch of daylight through some branches fifty yards away, **GO FOR IT!** If Tiger Woods can make this shot one time in a thousand, why can't you? Remember, many a scorecard adventure has begun with the words "Hand me my two-iron, I'm going to try to blast it out of here." Don't punch the ball onto the fairway until you've tried every possible way out. If your buddies aren't hiding behind a cart, you haven't tried hard enough. If you wimp out here, you'll never know the glory of what might have been!

#### Avoid Fun

In the mysterious world of golf there are evil forces at work that will keep you from having a bad round. And one of the most powerful of these is "having fun." Avoid fun. Fun is for children. And otters. This is serious. Why? . . . I don't know. But it is. It just is. **FUN = RELAXED = LOW SCORES.** . . . and that's something we want to avoid.

#### Playing Partners

It has been said that in golf you're not playing against anybody else, you're playing against the course. Baloney! That kind of silly thinking eliminates way too much stress. You are playing against everyone in your group, so you should maniacally study the scorecard after every hole and calculate how many strokes you need to need to make up. This way you can make smart decisions like going for it from 278 yards out with a water hazard between you and the hole. As we've discussed, it's next to impossible to really stink at golf without stress. So you should select the group you're playing with carefully. Here are some promising foursomes:

- You Your sex-crazed single buddy with the great stories
- Your friend with the filthiest mouth on the planet
- Your preacher
- You Your friend who just got out of rehab
- A stranger who really needs to go to rehab
- Your mother
- You Your wife
- Your ex-wife
- Your girlfriend

#### Par 5's

It's impossible to resist the temptation of going for birdie on a par 5. So when stepping up to the tee

on these long, majestic holes, have only one thought on your mind: **KILL THE BALL!** Kill it! Hit it as hard as you can! After all, the harder you hit something, the farther it goes, right? That's just scientific fact, right? So whack it with all your might, then sit back and watch the magic. Now, if, for some strange reason, your ball doesn't go very far, you'll have ground to make up. So . . . **KILL IT AGAIN!** Use your driver off the fairway if you have to! Keep killing it till you eventually get to the hole. If you're not making an audible noise, you're not swinging hard enough. **The Cart Girl** To stink at golf on a consistent basis you need distractions, and plenty of them. One of the best is a gorgeous cart girl with a great personality. You won't have time to keep your head down as you scan the horizon, looking for any sign that she might be headed back your way. Think about it: As a stunning twenty-two-year-old, she'd be crazy not to want to hook up with an out-of-shape old married guy with goofy plaid pants and a sunburned nose! Come on, there's no way she's not checkin' you out as you pop a heart pill and change your glasses while lining up a two-foot putt for an 8. **Why don't you save the heart attack for after you miss a birdie on the eighteenth green, blowing your shot at breaking 80?** **Alcohol** If you have a problem with alcohol, now is not the time to try to control it. Slowed reflexes and distorted judgment can only work to your benefit if you really want to stink at golf. Besides, downing a few cool ones almost guarantees you'll make an off-color comment about a playing partner's wife or girlfriend, and that'll open the door for anger and tension. If one of your playing partners happens to be your boss, you might lose your job. Which, of course, would give you plenty of free time to play more golf. **Your Cell Phone** Whatever you do, don't turn your cell phone off. That next call "could be the one"! Plus, this is the age of multitasking. You can play golf, conduct business, and argue with your sister about whether or not to place your mother in a home, all at the same time. Don't cheat by putting your cell on vibrate. What could be better than if, as your buddy's putting for his first par in fifty holes, he hears "What's up, doc?!" blaring from your pocket? **Guessing What Club to Use** We're not pros, so we don't have genius caddies who spend hours mapping out every club selection from every part of the course. No! We have to do the hard work ourselves. And if you pick the wrong club, it could be the difference between a hole in one or winding up in the sand! That's why it's imperative that you second-guess every guess you guess. Here's what I do from 140 yards out: 1. Stand there for a really long time just looking off. 2. Pull out my eight-iron. 3. Line up the ball and take a few practice swings. 4. Ask Jerry what club I should use. 5. Tell Jerry I don't have a nine-wood. 6. Second-guess my eight-iron and go back and get my seven-iron. But as soon as I pull it out, second-guess my seven-iron and decide to go with my eight-iron once again. 7. Tell Jerry to quit talking to the cart girl while I'm trying to concentrate. 8. As I swing through the ball, think only about how I've made a **STUPID CHOICE** and should be using my seven-iron. **So, You Want to Break a Club** To get to the point where you would actually smash your pitching wedge on a ball washer or wrap your putter around a tree, you must exclude all prejudices, including: A. how much it cost B. if it was a gift C. if your fiancée's father is watching Once that's out of the way, remember one thing: It's not you. You're not the problem. Your **STUPID CLUB** has just missed an easy shot, and therefore it must be destroyed. Why must you keep suffering? You, who have lugged it around and cleaned it and put all your confidence in it. And it goes and does **THIS!** There . . . Now you're putting with a five-iron. Until you break it. By the time you're teeing off with your ball retriever, the high score you're looking for is all but guaranteed. **Fairways** Fairways mean short grass and level lies. Avoid them like the plague. The golfer who consistently plays off the fairway is in constant danger of recording low scores. And that, my friend, is a no-no. It is easy to hit a ball from the fairway. And you've never taken the easy way out. They call it the "rough" for a reason. Sissies don't like it rough. But you do! As you stand on a sidehill lie staring down at the top of a ball buried in five inches of grass, yell to the greenskeeper, "Is that all you've got?!" Then laugh like a madman and start chopping! **Lost Balls** It has always been my belief that one of the most frustrating things about being a bad golfer is losing expensive golf balls. That's why I quit doing it. Oh, I still lose golf balls by the dozens; they're just not expensive. They...