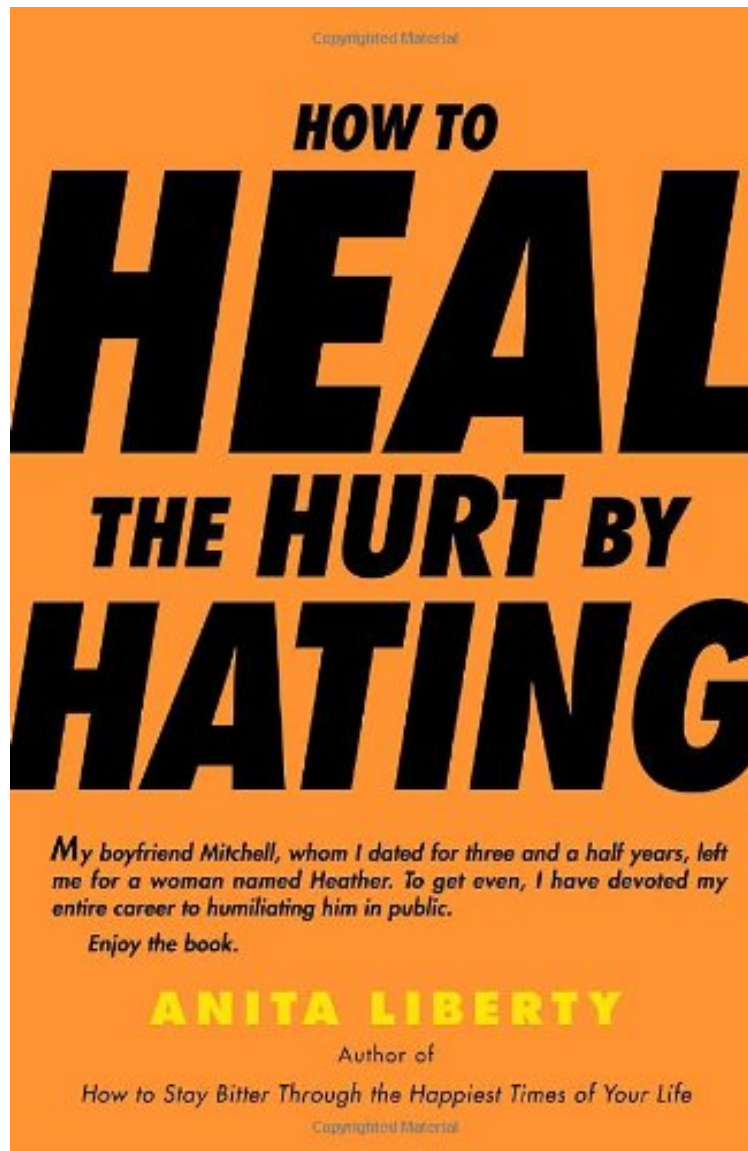


(Download free ebook) How to Heal the Hurt by Hating

## How to Heal the Hurt by Hating

Anita Liberty

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**Anita Liberty : How to Heal the Hurt by Hating** before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Heal the Hurt by Hating:

0 of 0 people found the following review helpful. FunnyBy Sarah S. BronsonOne of the funniest books I've read about relationships. I read it years ago and still often think about some of the witticisms in it.2 of 3 people found the following review helpful. Don't take it so seriously...By A CustomerThis book is fun mental junk-food while you're trying to heal from a rotten relationship -- funny, hostile, everything you probably \*are\* while you're getting over the

hurt. It won't cure the common cold or raise your IQ, but it could make you feel better as you find your feet again...All of us have had crummy relationships; all of us probably want to hire our ex- to clean our houses with toothbrushes. "Ms. Liberty" wrote the book about it. I know there are several "Mitchells" out there who should be blushing every time someone reads this! 0 of 1 people found the following review helpful. This is not a book, it's a pamphlet. By Mary I bought the kindle version of this "book" last night. I read the entire thing in less than 1/2 hour.....it was more the size of a pamphlet than a book. Then, at the end it is revealed that the author is NOT Anita Liberty, but a married woman with a child. I felt ripped off from start to finish. I do feel somewhat healed by posting how much and why I hate this so-called book.

"I wish we were back together for just one night . . .so I could push you out of my loftbed while you were sleeping." Satirical and sharp, downtown New York City performance artist Anita Liberty reinvents self-help as she skewers her ex-boyfriend in this hilarious, hip, and audaciously candid collection of advice, poems, and diary entries. "I thought you were a gifted and tortured artist. I was wrong. About the gifted part. Oh. And the artist part." From romantic bliss to brutal breakup, from heartache to healing, this fierce, funny, and ultimately liberating homage to being "dumped" rips off the stiff upper lip in favor of a red-hot therapy of wit, wisdom, rage, and redemption. And now, a few words from Anita Liberty . . ."COMPROMISE--Lowering my standards. So you can meet them." "You're a bad habit. I want to kick you. Hard." Includes free postcards to send to that special someone!

From the Publisher This book is absolutely priceless! In a time when people are finding it difficult to find, be in, or end relationships, Anita Liberty's humor is just the right medicine. She takes you on the rollercoaster of emotions that are experienced when you are "dumped." She says things that (almost) all of us have thought. And she adds a lot of humour. Everyone should pick up this book. It makes you realize you're not alone, and it really makes you laugh! From the Inside Flap "I wish we were back together for just one night . . . so I could push you out of my loftbed while you were sleeping." Satirical and sharp, downtown New York City performance artist Anita Liberty reinvents self-help as she skewers her ex-boyfriend in this hilarious, hip, and audaciously candid collection of advice, poems, and diary entries. "I thought you were a gifted and tortured artist. About the gifted part. Oh. And the artist part." From romantic bliss to brutal breakup, from heartache to healing, this fierce, funny, and ultimately liberating homage to being "dumped" rips off the stiff upper lip in favor of a red-hot therapy of wit, wisdom, rage, and redemption. And now, a few words from Anita Liberty . . . "COMPROMISE-- Lowering my standards. So you can meet them." "You're a bad habit. Hard." Includes free postcards to send to that special someone! From the Back Cover Satirical and sharp, downtown New York City performance artist Anita Liberty reinvents self-help as she skewers her ex-boyfriend in this hilarious, hip, and audaciously candid collection of advice, poems, and diary entries. From romantic bliss to brutal breakup, from heartache to healing, this fierce, funny, and ultimately liberating homage to being "dumped" offers a red-hot therapy of wit, wisdom, rage, and redemption. And now, a few words from Anita Liberty ...