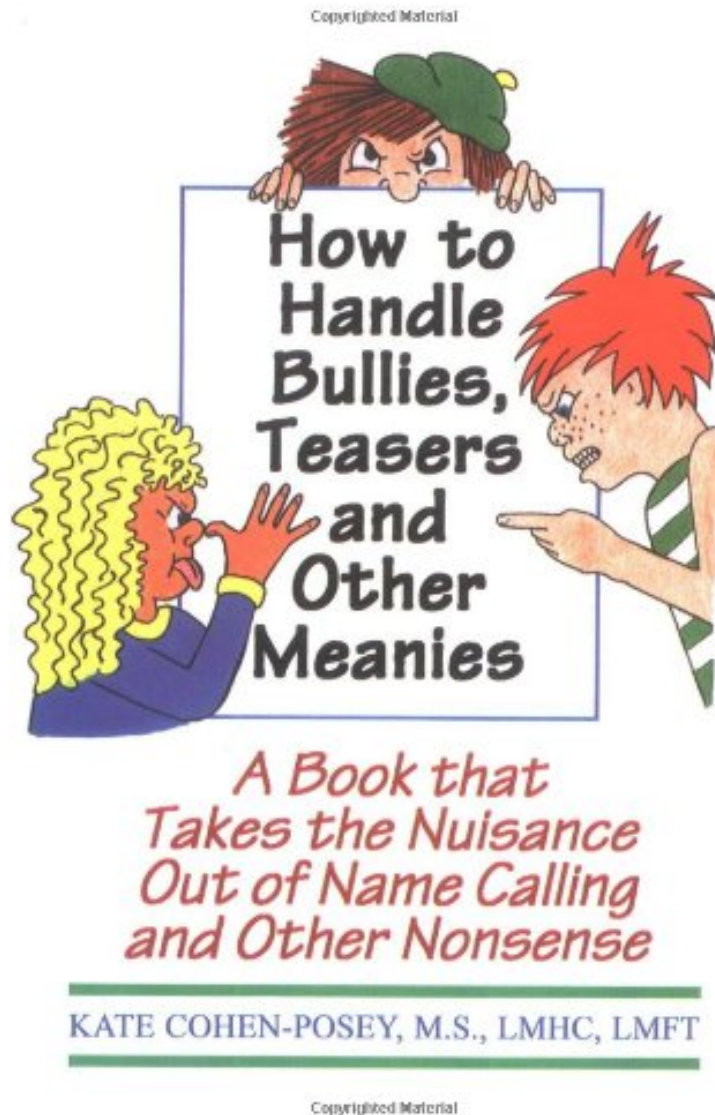


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How to Handle Bullies, Teasers and Other Meanies: A Book That Takes the Nuisance Out of Name Calling and Other Nonsense

Kate Cohen-Posey

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Kate Cohen-Posey : How to Handle Bullies, Teasers and Other Meanies: A Book That Takes the Nuisance Out of Name Calling and Other Nonsense before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Handle Bullies, Teasers and Other Meanies: A Book That Takes the Nuisance Out of Name Calling and Other Nonsense:

0 of 0 people found the following review helpful. Great for your kid and great for you too!By Cynthia L. WayThis book exceeded expectations. It's not only helpful to my 11 year old, but I find the tips helpful for me as an adult who does leadership training for a living! One of the things that I loved about it was responding to the human inside the bully yet being powerful and effective at the same time! Outstanding!0 of 0 people found the following review helpful. Highly recommend anything KC-P writes!By LilyBartI love Kate Cohen-Posey. I wish she lived in Maryland instead of Fla. as I would go into therapy just to get her wisdom! I gave this book to someone whose child was having a hard time with other girls picking on her. I looked through it first and it looked useful. Take a look at her books for grown-ups. I have about three (some are workbooks). The most important one to get is Making Hostile Words Harmless.5 of 5 people found the following review helpful. Don't believe the hypeBy szuletikPhooey! Don't believe the negative ratings unless you've got a kid in an inner-city school and he's coming home every night with a black eye (in which case you need to get him to a self-defense class). If you've got a suburban or rural kid who's just getting teased incessantly, or dealing with irritating cliques every day, and he can read relatively well and can remember things pretty well-- this book is a big help. Sometimes witty come-backs are just the thing for throwing off bullies- and if they *don't* incite violence, well, I'm all for it.By the way-- school ends. It really does. These skills for dealing with annoying, unhappy, crabby, mean and unnerving people help well into adulthood.If your kid is in a school where he's getting beat up by gangs, or paying the school "mob" every day so he can sit down for lunch-- think long and hard about whether your life choices are benefiting your kids. Get a tiny apartment in another town. It's not worth endangering your kids' safety.Steph (single mom of four)

With dozens of examples and practice exercises to teach a comic approach to cruelty, this book takes the nuisance out of name calling and other bullying behavior.

From BooklistGr. 4[^]-7. The fill-in-the-blank section may cause a few problems, but consider purchasing this anyway. It's one of a very few books that puts a practical spin on the subject. It doesn't consider bullies who shove and kick, but it has got some useful tips on how kids can use verbal techniques to turn a bully's slurs inside out. It's a bit of a stretch to think kids this age will want to start an anti-meanness club, and it's difficult to fully accept the author's suggestion that taking the sting out of bullies' words may help bullies see the error of their ways. But this is certainly a place to start when fighting back seems in order, with the ideas and the wordplays recommended giving victims just the edge they may need to begin to recoup their self-esteem. Stephanie ZvirinFrom the Back CoverEvery young person will need this book at some time in his or her life! How to Handle Bullies, Teasers and Other Meanies: (a) covers annoying name calling, vicious prejudice, explosive anger, dangerous situations, and causes of difficult behavior; (b) contains more than 12 ways for melting meanness; [c] Uses dozens of dialogues and practice exercises that children enjoy reading; (d) shows young people how to put spiritual truths into action; (e) gives parents, teachers, and counselors a method to help young people help themselves. This is an approach that goes far beyond assertiveness in its mastery of meanness. Kate Cohen-Posey has combined the wisdom from her years of experience as a teacher, therapist, and parent into a unique package of communication and self-help skills for children.About the AuthorKate Cohen-Posey is a licensed mental health counselor and marriage and family therapist practicing in central Florida since 1973. She is also the author of Trans-Formation in Everyday Life, A Shortcut to Relaxation and Problem Solving, and Brief Therapy Client Handouts. She is on the expert panel of childrentoday.com. She has presented at state and national conferences, appeared on the @Health Television Network and various radio shows, and contributed to articles for numerous magazines. She endeavors to share what she has learned from clients, colleagues, and the literature through the written word and emerging technologies.