



review helpful. Five StarsBy quanmeowWitty playful book on one of the scariest subjects I know1 of 1 people found the following review helpful. A caring and approachable best friend in a bookBy Sarah Lyman KravitsIn the information age, we think we can navigate most of life's twists and turns on our own with our electronic tools -- "Me and Google, we can figure out anything" -- but there's something missing. Guess what? We still need the human connection. We need a person to help us muddle through -- to be specific, someone we are willing to listen to (which eliminates many of the people in our lives whose advice comes across to us as condescending and prescriptive). We need -- well, we need Nerissa. Get this book and you have a friend who is available to you at any time of the day or night, a friend who has just the right turn of phrase to help you a) understand yourself better, b) grok what kind of choices or changes would make a difference for you, and c) actually take action to get what you need. As useful for twenty-somethings as it is for forty-somethings who realize there are a few things that they still haven't quite figured out (shocking but entirely possible, as I can report from personal experience).

You know how to reconstruct an atom. You know how to deconstruct Shakespeare. But you don't know how to pay your taxes, get health insurance or roast a chicken. A right-brained manual for those in their 20s who want some direction on how to do all those things the professors neglected to teach: paying taxes, finding health insurance, getting along with crazy house-mates, cooking a healthy meal and lots more.