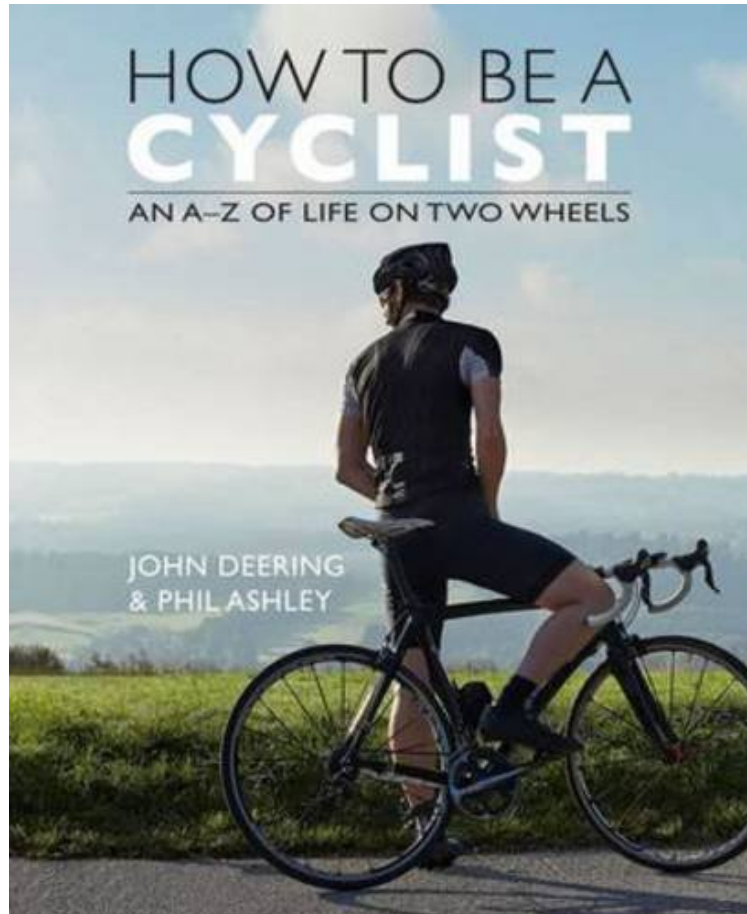


(Download ebook) How to Be a Cyclist: An A–Z of Life on Two Wheels

How to Be a Cyclist: An A–Z of Life on Two Wheels

John Deering

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John Deering : How to Be a Cyclist: An A–Z of Life on Two Wheels before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Be a Cyclist: An A–Z of Life on Two Wheels:

No bicycle repair was ever made easier by turning your bike upside down. White shorts are for other people. A helmet perched on the back of your head is perfect if you ride your bike backwards. These and a host of other handy pointers jostle for attention within this A-to-Z guide to being a cyclist. It's an essential manual and source of wisdom for those who would be kings of the road. Many pitfalls await the unwary middle-aged-man-in-Lycra, but fear not, for the guide is here to steer you through choppy waters. No more passing out halfway up a hill. No more ridicule in the work place. No more hurty knee. And no more sock crimes. Pearls of wisdom are scattered throughout this book. For instance, who could deny that life is too short to drink bad coffee? That a noisy bike is marginally more annoying than a whiney toddler? Or that style should ever be sacrificed for speed? Written by experts who know everything there is to know about cycling, How to Be a Cyclist is mandatory reading for all bike riders.

'A pleasant balance of wit and wisdom, served up with some high production values and gorgeous photography' - Podium Cafe 'a great present' - Scotland Outdoors
About the Author
John Deering is the author of Bradley Wiggins: Tour de Force and Team on the Run: The Inside Story of the Linda McCartney Pro Cycling Team, which went on to be voted fifth-best cycling book of all time. He has supplied many features to publications such as The Official Tour de France Guide, Pro Cycling magazine, and Ride Cycling magazine, and contributed regularly to Eurosport's cycling coverage. Phil Ashley has his own photography studio in London. He photographs people, products, and places for the likes of Getty Images, Glaxo Smith Kline, Nokia, and the Observer.