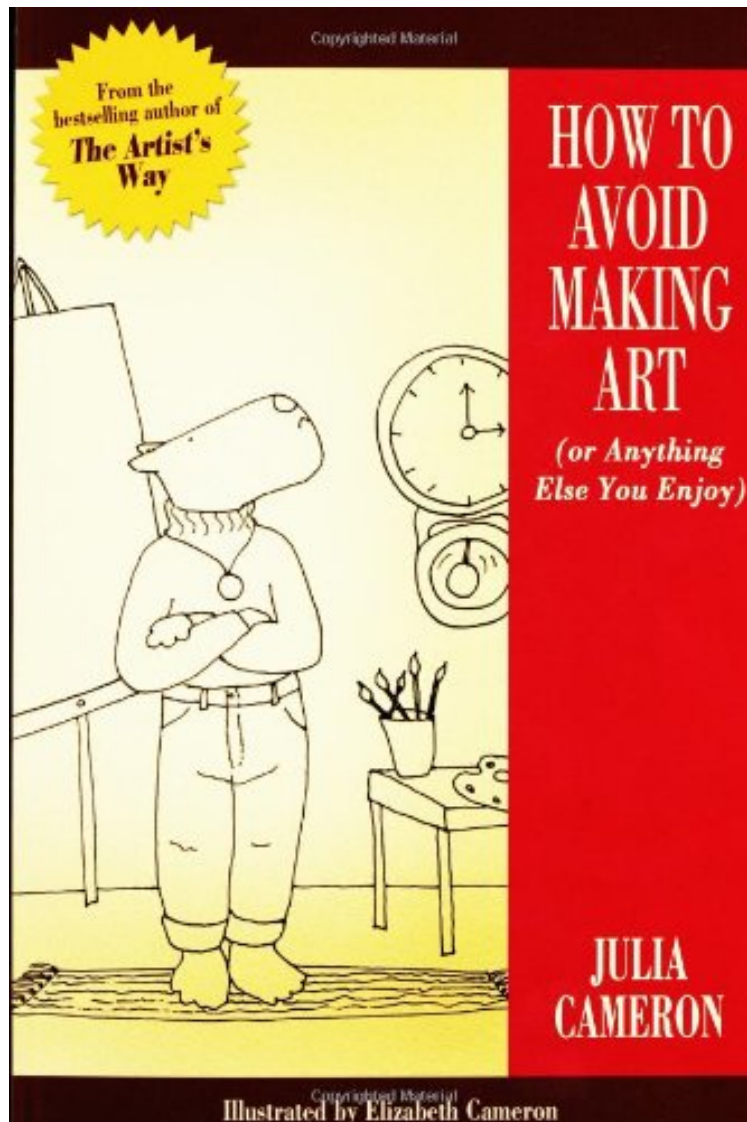


[Download ebook] How to Avoid Making Art (Or Anything Else You Enjoy)

How to Avoid Making Art (Or Anything Else You Enjoy)

Julia Cameron

ePub | *DOC | audiobook | ebooks | Download PDF



DOWNLOAD



READ ONLINE

#770539 in Books 2005-09-08 2005-09-08 Original language: English PDF # 1 8.24 x .40 x 5.48l, .35 #File Name: 1585424382144 pages | File size: 61.Mb

Julia Cameron : How to Avoid Making Art (Or Anything Else You Enjoy) before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Avoid Making Art (Or Anything Else You Enjoy):

0 of 0 people found the following review helpful. Wonderful Insightful LOL TruthBy PearlyGirlLike everything I've ever seen from Julia Cameron, it's of value. This is just laugh out loud funny because she puts her focus "right on the money " on how artists avoid making art/doing the work in a visual and humorous way. I've had a copy for years and have given it as gifts to fellow artists and they all have loved it. Julia Cameron just has a knack for approaching real problems for artists in oblique and wonderful ways in all of her works.I highly recommend "How to Avoid making

Art." Enjoy! 0 of 0 people found the following review helpful. just ok. very small. By Elizabeth M. just ok. very small. 3 of 3 people found the following review helpful. A great reminder to artists who somehow don't make any art. By T. Weber Oh, come on - you know you do it, too. You tell yourself you're going to write that novel, or paint that picture, or learn that song, but somehow you end up doing anything and everything else. With humorous illustrations, this book shows artists how they themselves are their own worst enemies when it comes to actually creating art... and reminds us all that avoiding something is not the way to get anything done.

In *How to Avoid Making Art*, the bestselling author of *The Artist's Way* delivers a (tongue-in-cheek!) guide to doing anything and everything you possibly can to avoid making art. Anyone who is engaged in a creative pursuit will no doubt identify with these wonderful cartoons by award-winning artist Elizabeth Cameron of creative wannabes doing everything except actually getting down to work. "For most people creativity is a serious business," says Julia Cameron. "They forget the telling phrase 'the play of ideas' and think that they need to knuckle down and work more. Often, the reverse is true. They need to play." Ultimately, the characters in this book show us how we can turn our procrastination into play and our play into great work. With this delightful volume, Julia Cameron once again hits the nail on the head on the subject of creativity.

From Booklist Elizabeth Cameron's delightful line drawings of dogs in human attire serve as illustrations for creativity guru Julia Cameron's aphorisms about the things we do for the love of art. Cameron homes in on how our fear of creating art is rooted in the contrast between our pleasure in the process and dread of failure. And talk about creativity: Julia reminds us how creative we can be at finding reasons not to create. "Get your main sense of self-worth helping others instead of facing the blank page." "Tell yourself you can't afford art supplies, and buy five expensive cappuccinos while you discuss this with friends." And that all-time favorite: "Talk about it so you don't have to do it." Humor makes points that would be less palatable if approached in a serious tone, and humor is the perfect vehicle for the no-nonsense stance of the writer best known for her groundbreaking *The Artist's Way* (1992). These captioned cartoons may become the next *Far Side* calendar for the artistic crowd. Whitney Scott Copyright © American Library Association. All rights reserved Praise for *THE ARTIST'S WAY*... "THE ARTIST'S WAY by Julia Cameron is not exclusively about writing—it is about discovering and developing the artist within whether a painter, poet, screenwriter or musician—but it is a lot about writing. If you have always wanted to pursue a creative dream, have always wanted to play and create with words or paints, this book will gently get you started and help you learn all kinds of paying-attention techniques; and that, after all, is what being an artist is all about. It's about learning to pay attention."--Anne Lamott, *Mademoiselle* "The premise of the book is that creativity and spirituality are the same thing, they come from the same place. And we were created to use this life to express our individuality, and that over the course of a lifetime that gets beaten out of us. [*THE ARTIST'S WAY*] helped me put aside my fear and not worry about whether the record would be commercial."--Grammy award-winning singer Kathy Mattea "Julia Cameron brings creativity and spirituality together with the same kind of step-by-step wisdom that Edgar Cayce encouraged. The result is spiritual creativity as a consistent and nourishing part of daily life."--Venture Inward "I never knew I was a visual artist until I read Julia Cameron's *THE ARTIST'S WAY*."--Jannene Behl in *Artist's Magazine* "Julia Cameron's landmark book *THE ARTIST'S WAY* helped me figure out who I really was as an adult, not so much as an artist but as a person. And award-winning journalist and poet, Cameron's genius is that she doesn't tell readers what they should do to achieve or who they should be—instead she creates a map for readers to start exploring these questions themselves."--Michael F. Melcher, *Law Practice* magazine "This is not a self-help book in the normative sense. It is simply a powerful book that can challenge one to move into an entirely different state of personal expression and growth."--Nick Maddox, *Deland Beacon* "THE ARTIST'S WAY (with its companion volume *THE ARTIST'S WAY MORNING PAGES JOURNAL*) becomes a friend over time, not just a journal. Like a journal, it provokes spontaneous insights and solutions; beyond journaling, it establishes a process that is interactive and dynamic."--Theresa L. Crenshaw, M.D., *San Diego Union-Tribune* "If you really want to supercharge your writing, I recommend that you get a copy of Julia Cameron's book *THE ARTIST'S WAY*. I'm not a big fan of self-help books, but this book has changed my life for the better and restored my previously lagging creativity."--Jeffrey Bairstow, *Laser Focus World* "Working with the principle that creative expression is the natural direction of life, Cameron developed a three month program to recover creativity. *THE ARTIST'S WAY* shows how to tap into the higher power that connects human creativity and the creative energies of the universe."--Mike Gossie, *Scottsdale Tribune* "THE ARTIST'S WAY is the seminal book on the subject of creativity and an invaluable guide to living the artistic life. Still as vital today—or perhaps even more so—than it was when it was first published in 1992, it is a provocative and inspiring work. Updated and expanded, it reframes *THE ARTIST'S WAY* for a new century."--Branches of Light "THE ARTIST'S WAY has sold over 3 million copies since its publication in 1992. Cameron still teaches it because there is sustained demand for its thoughtful, spiritual approach to unblocking and nurturing creativity. It is, dare we say, timeless."--Nancy Colasurdo, *FOX Business* Praise for *VEIN OF GOLD*, the second volume in the *ARTIST'S WAY* trilogy "For those seeking the wellspring of creativity, this book, like its predecessor, is a solid gold diving

rod.”--PUBLISHERS WEEKLY About the Author Julia Cameron has been an active artist for more than three decades. She is the author of more than thirty books, including such bestselling works on the creative process as *The Artist's Way*, *Walking in This World*, and *Finding Water*. Also a novelist, playwright, songwriter, and poet, she has multiple credits in theater, film, and television, including an episode of *Miami Vice*, which featured Miles Davis, and *Elvis and the Beauty Queen*, which starred Don Johnson. She was a writer on such movies as *Taxi Driver*, *New York, New York*, and *The Last Waltz*. She wrote, produced, and directed the award-winning independent feature film *God's Will*, which premiered at the Chicago International Film Festival, and was selected by the London Film Festival, the Munich International Film Festival, and the Women in Film Festival, among others. In addition to making films, Cameron has taught film at such diverse places as Chicago Filmmakers, Northwestern University, and Columbia College. She is also an award-winning playwright, whose work has appeared on such well-known stages as the McCarter Theater at Princeton University and the Denver Center for the Performing Arts.