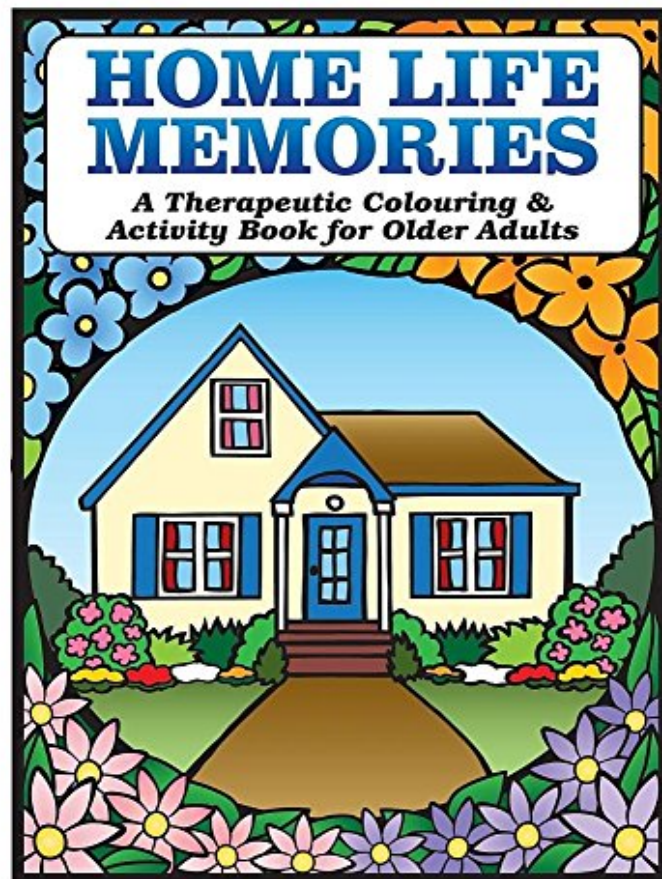


Home Life Memories: A Therapeutic Colouring Activity Book for Older Adults

Karen Tyrell Westlake Village

**Download PDF | ePub | DOC | audiobook | ebooks*



[Download](#)

[Read Online](#)

#390899 in Books Tyrell Karen 2016-05-27Original language:English 11.00 x .6 x 8.50l, .21 #File Name: 099518660XHome Life Memories A Therapeutic Colouring Activity Book for Older Adults | File size: 54.Mb

Karen Tyrell Westlake Village : Home Life Memories: A Therapeutic Colouring Activity Book for Older Adults before purchasing it in order to gage whether or not it would be worth my time, and all praised Home Life Memories: A Therapeutic Colouring Activity Book for Older Adults:

This unique therapeutic book is a new interactive engagement tool for families and caregivers to use to enrich quality time spent with older adults, especially those in early-to-mid stages of dementia. Using her dementia care expertise, Karen created this book to enhance connectedness, improve visits and uplift everyone's mood. The book combines the

calming activity of coloring with reminiscing while familiar songs correspond with the illustrations. It also includes some cognitive stimulation activities to help boost brain health. This book makes a wonderful gift for older adults and caregivers caring for someone with dementia.

"Love the idea of having something like this when I visit with my mum. What really surprised me was she knew the songs! It was as though we tapped into her brain to learn things we didn't know before. This will also be a great keepsake for the family!" Mary Anne C. Vancouver B.C.

About the Author Karen Tyrell is a Dementia Consultant Educator and Founder of Personalized Dementia Solutions Inc. She is the author of "Cracking the Dementia Code - Creative Solutions to Cope with Changed Behaviours" (published in 2013). She is also the co-creator of the "Dementia Caregiver Solutions" iOS App (released in 2015) which has helped hundreds of caregivers to better care for individuals exhibiting common dementia behaviours. Drawing on her 20+ years of experience providing therapeutic recreational activities to seniors with a range of cognitive abilities as well as supporting family and professional caregivers, Karen saw a need for a modernized engagement tool that would help enrich interaction during visits with older adults. As the CEO of Personalized Dementia Solutions Inc., Karen shares her expertise through speaking engagements and dementia workshops for both families and front-line staff. She also facilitates family caregiver support groups and works one-on-one with caregivers to provide emotional support and practical creative non-pharmacological solutions to help alleviate everyday challenges associated with dementia. With over 7 years of post-secondary education in the field of Gerontology as well as over 20 years of front-line experience, Karen has acquired deep practical skills and well-rounded knowledge which have enabled her to successfully support her clients. When not sharing her expertise through speaking engagements and workshops, she can be found facilitating monthly support groups for family caregivers. Karen lives in the Lower Mainland of BC. www.DementiaSolutions.ca