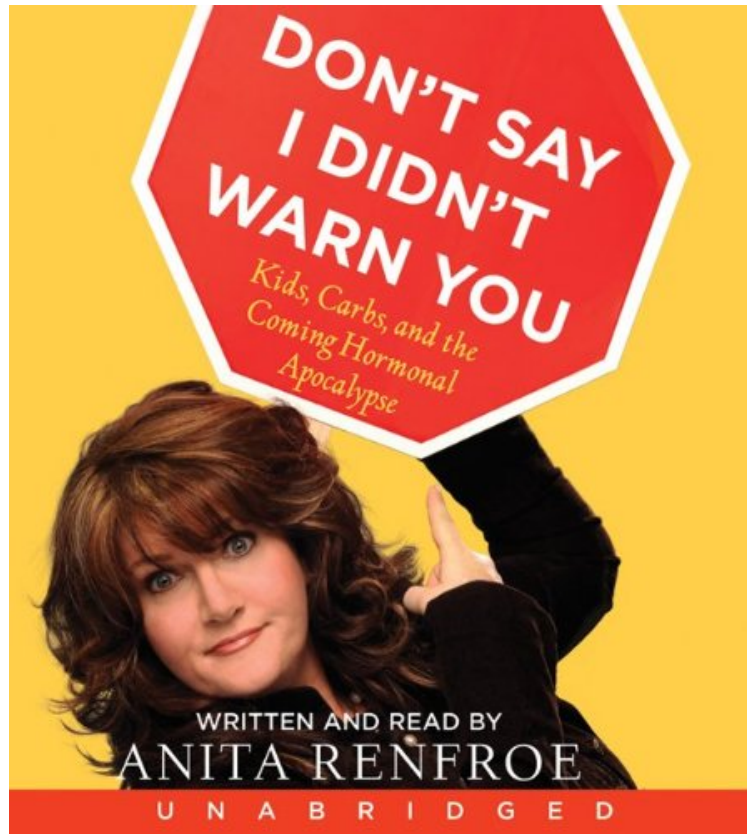


# Don't Say I Didn't Warn You: Kids, Carbs, and the Coming Hormonal Apocalypse

Anita Renfroe

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#2117999 in Books Hyperion 2009-09-29 2009-09-29 Formats: Audiobook, CD, Unabridged Original language: English PDF # 5 5.88 x .88 x 5.251, .40 Running time: 330 minutes Binding: Audio CD | File size: 47.Mb

**Anita Renfroe : Don't Say I Didn't Warn You: Kids, Carbs, and the Coming Hormonal Apocalypse** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Don't Say I Didn't Warn You: Kids, Carbs, and the Coming Hormonal Apocalypse:

0 of 0 people found the following review helpful. Anita Renfroe cd package By Debbie Scealf There were 5 cd's in this package. The recording quality was not as good as on her other cds. Sometimes the humor was forced. The cd's improve as you listen to them. The first cd sound like she is reading from a book rather than conversing with her audience. Perhaps she felt more comfortable as the recordings progressed. 0 of 0 people found the following review helpful. Chispa By GEI'm listening to this book right now and it's pretty funny. She talks about everyday life and experiences that I think most people can relate to, especially women. I've found myself nodding my head to several things she said and smile often while listening to it. 0 of 0 people found the following review helpful. Interesting By Barbara Petruska This cd deals on the subject of children and young parents. I enjoyed listening to it; however, I'm way past the age of having children. I would be willing to try more of her cd's.

When I first learned that I was pregnant, I thought this was going to be the most blessed, beautiful, rose-petals-at-my-feet-and-bluebirds-lighting-upon-my-forearm time of my life. Then I went for my first prenatal visit. Which starts with a weigh-in. From comedian Anita Renfroe, already beloved by women's groups and YouTube viewers across America, comes this hilarious and brazenly honest look at motherhood and middle age. Famous for her live performance of the "Mom Song," which barrels through everything a mom says to her kids in a single day to the tune of the "William Tell Overture" (just two minutes and fifty-five seconds), in *Don't Say I Didn't Warn You*, Renfroe now turns her irreverent and daringly accurate comic eye to other female conditions. In chapters with names like "Brother, Can You Spare an Epidural?" and "Playing Favorites (Or, As a Matter of Fact, I Do Love Your Brother More)," she dares to speak what other women are thinking--but don't say out loud. Using wit and honesty as her weapons of choice, Renfroe shares her deeply funny and relatable takes on everything from weddings to mammograms to every woman's never-ending quest for just one good photo of herself. The world is a bounty of material for Renfroe; with it, she makes a feast of laughter for us all. Don't say we didn't warn you.

About the Author Anita Renfroe lives in suburban Atlanta with her husband, John, who left his work as a Southern Baptist minister to assist Anita on the road. The Renfroes have three children, Austin, Calvin and Elyse. When the children were younger Anita was a stay-at-home mom; she also home-schooled her children for a time. Anita was raised in a small town in Texas by a single mother (Kay Pulliam).