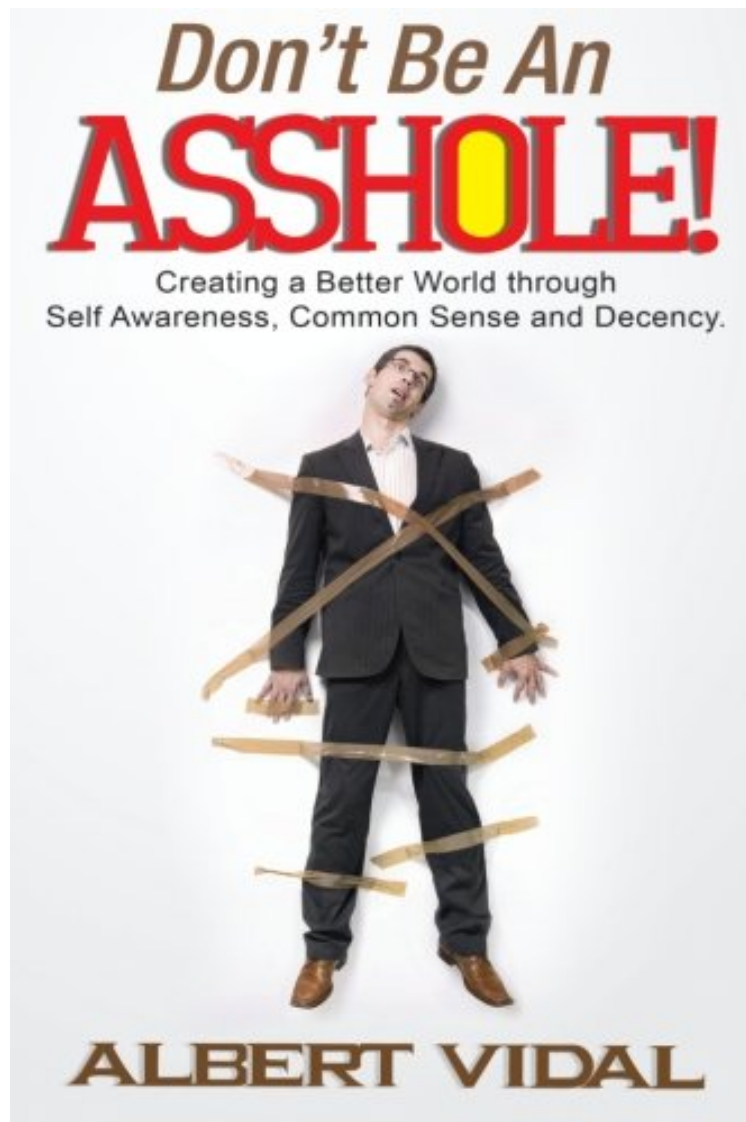


[Download free pdf] Don't Be An Asshole!: Creating a Better World through Self Awareness, Common Sense and Decency

## Don't Be An Asshole!: Creating a Better World through Self Awareness, Common Sense and Decency

*Albert Vidal*

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**Albert Vidal : Don't Be An Asshole!: Creating a Better World through Self Awareness, Common Sense and Decency** before purchasing it in order to gage whether or not it would be worth my time, and all praised Don't Be An Asshole!: Creating a Better World through Self Awareness, Common Sense and Decency:

3 of 3 people found the following review helpful. HalariousBy LittleTwoLegsNot sure if I spelt that title right but

whatever. This book-let (so small...) is so funny it hurts at times. It also does help point out how you could unknowingly be an a-hole. I've improved my behaviour according to this book and was told by a friend of mine that I seemed way more chilled out now. Which really, I wasn't, I was just being less of an a-hole about it. I recommend it simply for the laughs you'll get. 0 of 0 people found the following review helpful. An Entertaining Read By Natalie I found this book to be very entertaining and I finished it over the course of one lunch break at work (hiding the cover, of course!). Mr. Vidal really has a strong sense of awareness with regard to human nature. He also has a good sense of humor. I especially enjoyed the section about people in the movie theater (i.e. Jimmy Legs) as it pretty much describes my boyfriend perfectly. I was a little taken aback by the fact that this is a self-published book and that the quality of the print and binding, while good, was not up to par with a well-known author. I could have done without the illustrations as well. In any case, this book is worth a read and it's something fun to pass along to your friends when you're done reading. 1 of 1 people found the following review helpful. Finally a Clear Guide to not Being an A-Hole By J. Hollister It doesn't take a genius to know that while you are waiting in line at the DMV you are surrounded by A-holes but I was shocked to learn of the staggering number of different A-holes that surround me in everyday life. This book is about categorizing and labeling all of the different kinds of A-holes out there. From the true or certified A-hole to lesser known A-holes such as the facebook A-holes, parking lot A-holes, and the uneducated A-hole. Reading this book is great method of venting out your anger and a great way to make sure you don't accidentally cross the line into A-hole yourself. I recommend this book to anyone with a sense of humor.

Are you an asshole? Yes? No? How do you know either way? Being an asshole has a different meaning to different people. It varies by social class, race, gender, personality, mood, etc. Because of this, it can be a difficult thing to pin down, but in general, following the basic rules of applying common sense to most situations and being decent towards others will usually render you "asshole-free". Confused? You're not alone. People by the millions walk around every day performing actions they deem completely acceptable; Never cognizant of the fact that they just became a total asshole to someone around them. Maybe they ARE aware and just don't give a crap. Those that fall into the latter category are probably too far gone to be saved but if YOU care, you should definitely read this book. "Don't Be An Asshole!" defines the specific types of assholes you may encounter and tries to examine why some people become the assholes they are, how to cope with them and what you can do (or not do) to make sure you don't become one yourself. It lists many a situation and place where asshole behavior is prevalent so that you can either prepare yourself or avoid them altogether. Still confused? Maybe this will help. Imagine a book that could help you learn: How to deal with stress Because asshole behavior stresses us out! What's better for stress than having your feelings justified by a complete stranger and having a laugh or two while you're at it? How to deal with difficult people The term "difficult people" itself implies people who are assholes. C'mon, if they weren't being assholes, would anyone think they are "difficult"? I can think of a lot of "difficult" people right now and every last one of them is an asshole. This group can include friends, employees, employers or just complete idiots. How to deal with conflict resolution There is no other cross section of society that is more intimately familiar with conflict than the asshole crowd. They can find or initiate conflict anywhere. Ballgames, the movies, church, online, in your bedroom... ANYWHERE. Do you wanna be caught helpless when you find yourself in a conflict with one of these good mood oppressors? You could even just hand them a copy of this very book and call it a day. They'll get the point. Will this book help you find your soul-mate, find a better job, lose weight, increase your penis size or otherwise change your life? Probably not. Will it give you the power to passive aggressively make your feelings known to jerks in your life? You betcha! Just hand them a copy and a smile. Will it make you a star at the next "white elephant" gift-swapping, holiday party? Fo shizzle! Miss Mason-Jar-Wine-Glass ain't gonna have nothin' on you next year. Life changing? No. Fun as all get-out? Yup! "Don't Be An Asshole!" - Part comedy, part therapy. A tongue-in-cheek look at why, where and how people act like assholes and what we can do to make sure we're not one of them.