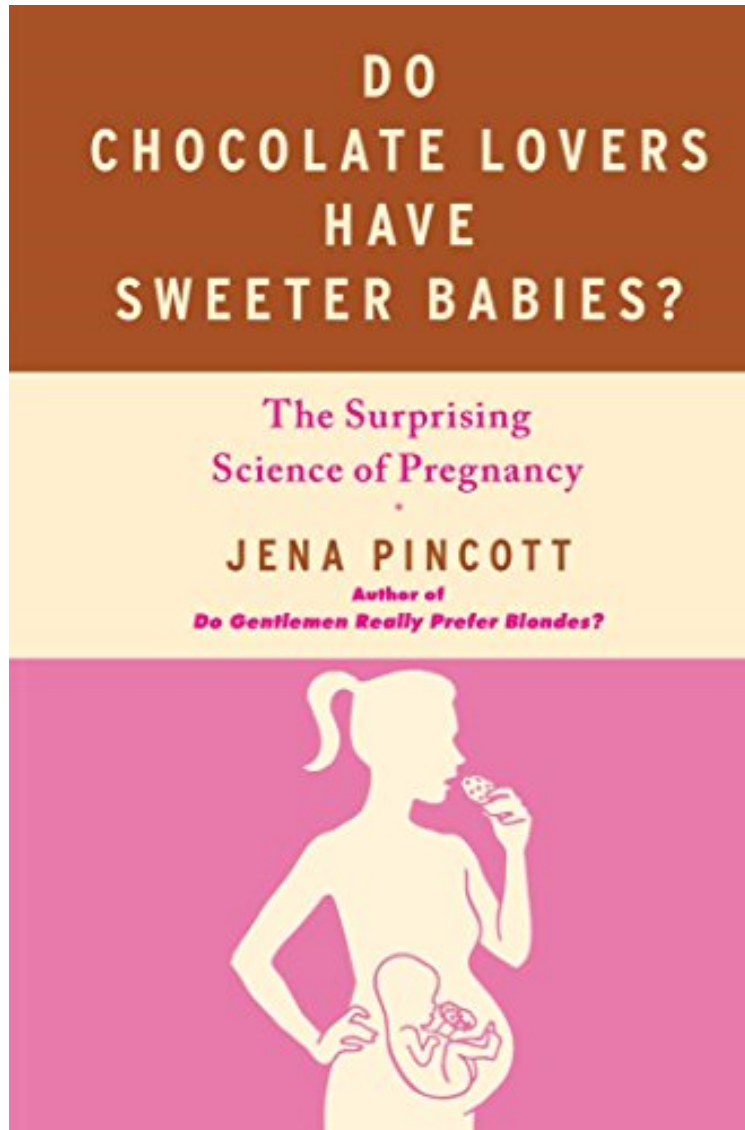


Do Chocolate Lovers Have Sweeter Babies?: The Surprising Science of Pregnancy

Jena Pincott

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Jena Pincott : Do Chocolate Lovers Have Sweeter Babies?: The Surprising Science of Pregnancy before purchasing it in order to gauge whether or not it would be worth my time, and all praised Do Chocolate Lovers Have Sweeter Babies?: The Surprising Science of Pregnancy:

0 of 0 people found the following review helpful. Fascinating book! By MinGreat book for people who are fascinated by science and biology. Also a great read through pregnancy when you can't be too active and find yourself stuck with

insomnia. The author has plenty of evidence and writes in a down-to-earth tone while explaining sometimes complicated concepts. I enjoyed this book through my pregnancy, and enjoyed passing on tidbits of information from it to other people. 0 of 0 people found the following review helpful. entertaining/sciency read
By AlpharatzI enjoyed the collection of questions and research that the author put together. It seems that she supported her research well (there are lots of references) and it was a lighter yet interesting approach to some of the deeper elements of pregnancy. The 4 star rating because sometimes, it was a bit too technical and I found myself skimming through pages to get back into the more interesting/entertaining content. I have a bachelor's in chemistry so it's not that I wasn't able to keep up with it. Overall, very thought provoking. 2 of 2 people found the following review helpful. Five Stars
By JessicaI gave this as a gift to a pregnant friend, and she loves it!

** Recipient of starred reviews from Kirkus and Library Journal **

A lively, accessible romp through the science of pregnancy...with wit, personal anecdotes and playful humor. -- Kirkus (starred review) What a charm!...Enjoyable, insightful, and fascinating...This winning title deserves some talking up. -- Library Journal (starred review) Pincott writes with humor and vibrancy, bringing science to life. -- Publishers Weekly
From the Author Science writer Jena Pincott spent her pregnancy and postpartum months asking the questions that doctors don't answer, and finding answers that expectant mothers will not expect. In this curiosity-led exploration into the "hidden side" of pregnancy, learn how amniotic fluid carries flavors and genes can play favorites, semen can be a fetus's friend or foe, the brain shrinks then grows, and what mind-control chemicals are doing in breast milk, sweat, and tears. Drawing on studies in evolutionary psychology, biology, social science, neuroscience, reproductive genetics, endocrinology, and epigenetics, the influence of environment on the behavior of genes, Pincott explores questions such as: * Why are your dreams more vivid? * Why do skinny chicks have more daughters? * Is the fetus tinkering with your brain? * What does the baby's birth season predict about her personality? * What do fetuses learn when they eavesdrop? * Do boys really give you basketball bumps? * Do fidgety fetuses become feisty babies? * Where does maternal instinct come from? * Does your stress sharpen your baby's mind -- or dull it? * Can men breastfeed? * Do mommies have better brains? * How could Grandma's diet affect your child? And could eating chocolate really make your baby sweeter?
About the Author Jena Pincott writes about the quirky, hidden side of science -- the shocking, subconscious, under-the-radar stuff. She has a background in biology and is the author of *Do Chocolate Lovers Have Sweeter Babies?: Exploring the Surprising Science of Pregnancy*, which received starred reviews from Kirkus and Library Journal for mixing "science with wit, personal anecdote, and playful humor." Her previous book, *Do Gentlemen Really Prefer Blondes*, on the science of love and attraction, is translated in 17 languages. Jena writes science fiction as a hobby and blogs at Psychology Today and the Huffington Post. She lives in New York City with her husband, Peter, and two young daughters.