

(Download free ebook) Diet is a 4 Letter Word

## Diet is a 4 Letter Word

Jill Pratt

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**Jill Pratt : Diet is a 4 Letter Word** before purchasing it in order to gage whether or not it would be worth my time, and all praised Diet is a 4 Letter Word:

"Diet" is a quirky, feel-good read that takes a surprising approach to the wry humor of real life coupled with a brazen reality check. True-to-life stores are wrapped around recipes gathered from the Midwest to create a gem of a book that is unlike anything out there! This quick read is a keeper for the recipes alone, but the narrative and insightful

thoughtfulness will delight you time and time again. At times a raucous laugh out loud read, this book will also make you pause and consider the priorities in your life. You might even see yourself in some of the anecdotes.