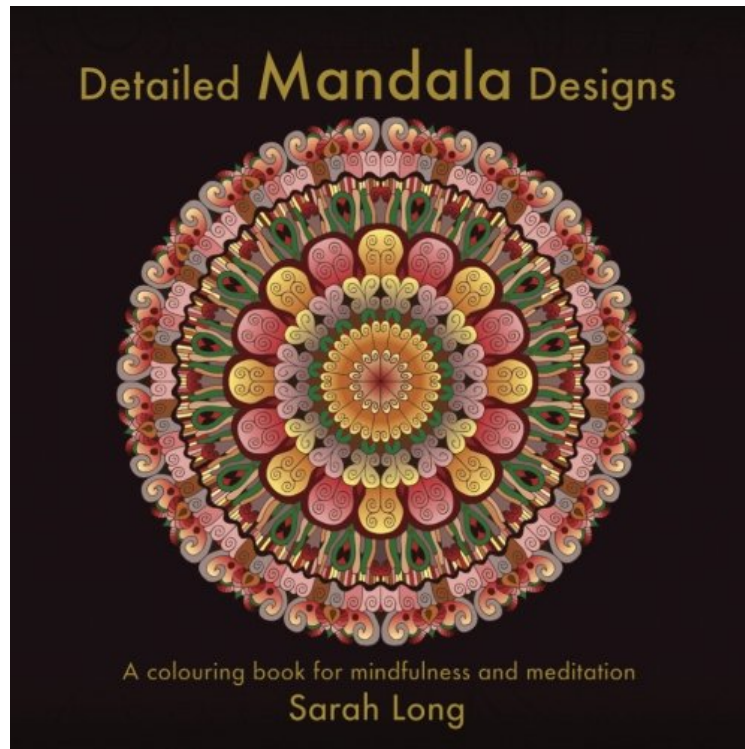


(Download) Detailed Mandala Designs: A colouring book for mindfulness and meditation; intricate mandalas for calm, relaxation, and creative art therapy

Detailed Mandala Designs: A colouring book for mindfulness and meditation; intricate mandalas for calm, relaxation, and creative art therapy

Sarah Long

*ePub | *DOC | audiobook | ebooks | Download PDF*



[Download](#)

[Read Online](#)

#3305167 in Books 2016-12-13 Original language: English 8.50 x .14 x 8.50l, #File Name: 154086363854 pages | File size: 34.Mb

Sarah Long : Detailed Mandala Designs: A colouring book for mindfulness and meditation; intricate mandalas for calm, relaxation, and creative art therapy before purchasing it in order to gage whether or not it would be worth my time, and all praised Detailed Mandala Designs: A colouring book for mindfulness and meditation; intricate mandalas for calm, relaxation, and creative art therapy:

Relax and get creative with this beautiful collection of 25 original hand-drawn designs. While there are some less detailed mandalas in this book, many are quite intricate and are perfect for those who like a colouring challenge. All designs have been printed on only one side of each page to avoid bleed-through. Find out more @ Sarah Long Designs on Facebook. Happy colouring!

About the Author Sarah Long Designs on Facebook