

(Ebook free) Death By Carbs: A Novel

## Death By Carbs: A Novel

*Paige Nick*

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#3787606 in Books Nick Paige 2016-01-15Original language:EnglishPDF # 1 9.18 x .48 x 6.22l, .64 #File Name: 0620674350192 pagesDeath by Carbs | File size: 25.Mb

**Paige Nick : Death By Carbs: A Novel** before purchasing it in order to gage whether or not it would be worth my time, and all praised Death By Carbs: A Novel:

2 of 2 people found the following review helpful. A witty satireBy WillWI had so much fun reading this and I didn't want it to end! The novel has a bit of fun at the expense of the followers of the Banting diet and Tim Noakes, and will have you guessing who killed the Professor right up until the very end. I especially enjoyed getting into the heads of the characters, each with their own self-serving agendas and issues, each trying to put themselves ahead in the game, at any cost. However with the humour injected into every chapter things never become too serious and you're sure to

have a good laugh. A great read that I would highly recommend! 3 of 3 people found the following review helpful.  
Loved this book By Customer Loved this book, a real page turner that I could have kept on reading. A good few giggles where had while I was trying to figure out who had actually done it! 1 of 1 people found the following review helpful.  
A well written funny book By Tia This is a laugh out loud book. As a South African, it is good to read a book set in South Africa that does not deal with our race relations and political issues. This is a light hearted story, well drawn characters and very amusing.

When someone kills dieting guru, Professor Tim Noakes, Detective Bennie September has more suspects than solutions. It's not a whodunit, it's a who-donut. Banting culture, otherwise known as the HFLC lifestyle (high fat, low carb), spearheaded by Professor Tim Noakes, has exploded in South Africa and is soon to hit the world. The Real Meal Revolution (Quivertree, 2013), has sold more than 200,000 copies and is still picking up speed. Noakes is constantly in the South African news for his controversial, game-changing theories. His new book on infant nutrition has just launched as an instant bestseller in South Africa, and The Real Meal Revolution has gone global, launching in the UK in August. In this hilarious novel, Paige Nick prods and pokes at both the fans and the detractors of South Africa's biggest dieting craze. So whatever side of the debate you fall on, you'll find something to laugh at. This laugh-out-loud novel will have you spurting bulletproof coffee out your nose.

About the Author Paige Nick is a Sunday Times columnist, award-winning advertising copywriter, and author of the critically acclaimed novels, *A Million Miles from Normal* (Penguin SA, 2010) and *This Way Up* (Penguin SA, 2011). She is also one third of Helena S. Paige, together with Sarah Lotz and Helen Moffett, a threesome of authors with a series of choose-your-own-adventure erotic novels, now out in 21 countries. *Pens Behaving Badly* (Kwela, 2015), a collection of her Sunday Times columns and the wild letters they've inspired, came out in early 2015. Paige lives in Cape Town, South Africa where she spends an unhealthy amount of time writing.